

BEDFORD COLLEGE

B.Sc. in NURSING STUDIES

PROGRAMME - ACTIVITIES OF DAILY LIVING

Wednesdays 1.30-4.30 pm
Thursdays 3.15-4.30 pm (variable)

Date	Time	Room	
20.10.82	1.30	B5	Meet Mr Hoy, DNE
	2.00	↓	Outline of course
	2.30		Introduction to library - Mrs South, librarian
	3.00	B5	Feedback on ward experience
	3.30	20	Bedbathing
21.10.82	2.00	Hoist	bath, Northumberland
& 22.10.82	2.00	"	" Jack Hambro
27.10.82	1.30	B5	*Temperature measurement
	2.00	↓	*Physiological responses to hypo/hyperthermia
	2.30		Cardiac resuscitation
	3.30		Becoming a patient
		↓	Briefing - temperature charts
28.10.82	3.15	B5	Follow-up - temperature charts Briefing for visit to health education
3.11.82	2.00-4.30	Visit to	health education department, Westbourne Grove
4.11.82	NO SESSION		
10.11.82	1.30	B5	Mrs Morgan, Assistant DNE
	2.30	↓	Follow-up to health education visit Exercise - catchment areas
	2.45		Sociology of dress
	3.00		*Dressing problems of the disabled
	3.30		*Mouth care
	4.00	↓	Exercise - own vs hospital clothes

Date	Time	Room	
11.11.82	3.15	B5	Pressure area care
17.11.82	1.30	B5	Follow-up on clothing
	2.00		Library time
	2.30	B5	Patients with special nutritional needs
	3.00	↓	*Limitations to good nutrition
	3.30		Psychology of food
	4.00	↓	Briefing - dietary records, costing menus Preliminary briefing - area studies
18.11.82	3.15		Library time
24.11.82	1.30	B5	*Eating for health? - salt - carbohydrate - fats - trace elements - fibre
	2.45	↓	*Patient nutrition - who is at risk?
	3.15	↓	*Food fashions
	3.45	20	Nasogastric tubes, IVI's
25.11.82	3.15	20	Injections
1.12.82	1.30	B5	Briefing - patient's menus
	1.45	↓	Experiential learning
	2.15		*Bowel function in hospital patients
	2.45		*Assessment of elimination
	3.15		*Prevention of incontinence
	3.45	↓	Briefing - use of laxatives Library time
2.12.82	3.15	20	Catheterisation and catheter care
8.12.82	1.30	B5	Follow-up - patient's menus - use of laxatives
	2.00	↓	Eupnoea and dyspnoea Acidosis and alkalosis
	3.30	20	O ₂ administration, inhalations

Date	Time	Room	
9.12.82	3.15		Library time
15.12.82	1.30	B5	Smoking
	2.30	↓	Briefing - area study
	3.00		Library time