

Bedford College

Spring Term: 1983.

B.SC./SRN in NURSING STUDIES

(2nd Year)

Tutor: Mrs. S. Phillips.

HUMAN RELATIONS

Essay Requirements: Three essays to be produced by the end of this term, at Easter. Again, the reading suggested below is a guide and should be supplemented by wider reading on specific topics you write about.

Adult Development

The theme of this term's work is adulthood, the second half of life in Erikson's cycle. We will be discussing parenthood, work roles, mid-life crises for men and women, and ageing, loss and death in their normal and pathological forms.

Week 1: Introduction to the themes outlined above. See, for example:

ERIKSON, E. Chapter 7 in Childhood and Society. Pelican (1969).

ERIKSON, E. Identity and the Life Cycle, in: Psychological Issues, Vol.1. (1959).

Essay Topic: Discuss the differences between the conflicts of adult life, compared with your understanding of those dominant in infancy, childhood or adolescence which we discussed last term.

Weeks 2 & 3: Women's adult life cycle: maternity to menopause.

MITCHELL, J. Psychoanalysis and Feminism. See Chapter 12, The Marks of Womanhood. Penguin (1975).

OAKLEY, A. From Here to Maternity. Pelican (19).

CHODOROW, N. The Reproduction of Mothering. University of California Press (1978).

WEIDIGER, P. Female Cycles. Women's Press (1978).

NEUGARTEN, B. et al
Women's Attitudes towards the Menopause. Vol.6, Vita Humana (1963).

CRAWFORD, M. & HOOPER, D.
Menopause, Ageing and the Family. Vol.7, Soc.Science & Medicine, p.469-482 (1973).

REITZ, R. Menopause. Penguin (1979).

BART, P. Depression in Middle-Aged Women, in Bardwick J. (ed.), Readings in the Psychology of Women. Harper & Row (1972).

Essay Topic: What characteristic developments of ageing do you see, as significant specifically for women in adulthood?

Week 4: Men's adult life cycle: masculinity, paternity and the mid-life crisis.

FREUD, S. Three essays on the Psychology of Live: A Special Type of Choice of Object mad by Men. (1910).

On the Universal Tendency to Debasement in the Sphere of Love (1912).

The Taboo of Virginity (1918).

All in Vol.11 of The Standard Edition of the Complete Psychological Works.

See also last term's reference under sex differences to the Oedipus Complex and male psychology.

STORR, A. Human Agression. Pelican (1974).
See Chapter 7 on: Aggression in the Relations between the Sexes.

LEVINSON, D.J. The Mid-Life Transition: A Period in Adult Psychosocial Development, in: Psychiatry, Vol.40, May 1977.
(Xerox available from me on request).

LEVINSON et al

The Psychosocial Development of Men in Early Adulthood and the Mid-Life Transition, in: Ricko, D.F. et al (eds.), Life History Research in Psychopathology. Univ. of Minnesota Press (1974). (Xerox available).

JAUQUES, E. Death and the Mid-Life Crisis, International Journal of Psychoanalysis, Vol.46, p.502-514. (1965).

See also relevant chapters in RUTTER'S and BOWLBY'S writings as read for last term, on mothering and fathering.

Week 5: Essays discussed.

Week 6: Classification of Adult Personality and Abilities.

RUTTER, M. Relationships between Child and Adult Psychiatric Disorders. Acta Psychiatrica Scandinavica, Vol.48, p.3-21 (1972).
(Xerox available).

EYSENCK, H.J. See any chapter in which he discusses the notions of introversion, extraversion and neuroticism.

FREUD, S. Some Character Types met with in Psychoanalytic Work, Standard Edition, Vol.14 (1916).

HALL, G.S. & LINDZEY, G. Theories of Personality. Wiley, New York (1973).

BROMLEY, D.B. The Psychology of Human Ageing. Pelican (1974).
See Chapters 6 and 7 on the effects of ageing on intelligence and on achievements in various spheres.

Xeroxes will be handed out of lists of symptoms of depression and schizophrenia from a psychiatric textbook, to act as the basis of discussion this week.

Week 7: Mrs. Riley, Senior Clinical Psychologist at Leavesden, will talk on the concept of mental handicap and how it is assessed.

See, e.g. a textbook like:

CLARKE, A.M. & CLARKE, A.D.B.
Readings from Mental Deficiency. Methuen (1965).

or one of the books edited by P. MITTLER on this subject. Look back to last term's work on statistics and the concept of the normal distribution and intelligence.

Week 8: Ageing.

BROMLEY, D.B. The Psychology of Human Ageing. Pelican (1974).
See especially Chapters 8,9 and 10.

NEUGARTEN, B. and Associates.
Personality in Middle and Late Life. Atherton Press (1964).

SHEEHY, G. Passages. Corgi (1974).

NORMAN, W.H. & CARANELLA, T.J. (eds.)
Mid-Life: Developmental and Clinical Issues.
Brunner/Mazel (1980).

Week 9: Loss, Dying and Death.

PARKES, G.M. Bereavement: Studies of Grief and Adult Life. Penguin (1975).

PINCUS, L. Death and the Family. Faber (1976).

BOWLBY, J. Attachment and Loss. Pelican.

HINTON, J.M. Dying. Penguin (1972).

Week 10: To be confirmed. Should be speaker on patients' anxieties before major surgery and research done on preparing them for the experience. If not, I will give out more reading on this topic or we will continue with last week's topic.