

PROGRAMME FOR COURSE IN ACTIVITIES OF DAILY LIVING : TERM II

Wednesdays : 1.30-4.30 p.m.

Date	Time	Room		
20.1.82	1.30-4.30	B5	Circadian rhythms and factors affecting sleep. Making the patient comfortable.	} ADL Sleep
		↓	Briefing for discussion on dyspnoea.	
27.1.82	1.30-2.00	B5	Factors affecting breathing.	} ADL Breathing
	2.00-3.00		Visit to respiratory function laboratory.	
	3.00-4.30	B5	Social distribution of respiratory illness. Nurses, doctors and smoking.	
3.2.82	Ward practical : oxygen, inhalations and positioning. Briefing for activities associated with elimination.			} ADL Elimination
10.2.82	1.30-3.30	B5	Factors affecting elimination. Assessing bowel and kidney functioning	
	3.30-4.30	40	Practical - enemas and washouts; catheterisation.	
17.2.82	1.30-2.00	B5	Factors affecting mobility.	} ADL Mobility
	2.15-3.00		Visit to physiotherapy dept., Arthur Stanley House (in uniform).	
	3.15-4.00		Visit to OT, Arthur Stanley House.	
	4.00-4.30		Briefing - equipment.	
24.2.82	1.30-1.45	B5	Reporting back.	} ADL Mobility
	1.45-2.45	↓	Mrs. Gibbs, N.O. (Infection Control).	
	2.45-4.30	↓	Devising a teaching programme } half Experiential learning } groups	
3.3.82	1.30-2.00	B5	Reporting back.	} ADL Maintaining a safe environment
	2.00-3.00	↓	Facilities for mobility.	
	3.00-3.15	↓	Briefing - looking for hazards.	
	3.30-4.30	↓	Visit to Tottenham Mews Day Hospital.	
10.3.82	1.30-2.30	B5	Safety - what is the nurse's role?	} ADL Working and Playing.
	2.30-4.00	↓	Mr. Jones, Fire Prevention Officer.	
17.3.82	1.30-4.00	B5	Occupation and health	} ADL Working and Playing.
	4.00-4.30	↓	Briefing - family discussion.	