

PSYCHIATRY.A COURSE FOR NURSES ATTENDING THE INTERNATIONAL RED  
CROSS COURSES AT BEDFORD COLLEGE.

Note. The nurse visits expectant mothers and mothers with young children (up to the age of 5 years). As school nurse she may be called upon to visit the children of school age in their homes. Although her primary duties are with bodily ailments, the close correlation of bodily and mental conditions make it impossible to restrict her ministrations to the former. The importance of early treatment in mental troubles is now generally recognised and it is the visiting nurse who has unique opportunities for the ascertainment of such troubles by seeing the children in the home.

Suggested syllabus for a course of 10 lectures.

1. Undesirable traits of behaviour: e.g. tantrums, sleeplessness, stammering, lying, inattention, pernickiness, dirty habits.
2. Mental Defectiveness induced by disease or injury, with the correlated physical symptoms: e.g. encephalitis lethargica, arrested development.
3. Functional Disturbances, the physical and psychological symptoms.
  - (a) Developmental: e.g. Over and Under development, Masturbation, Premature puberty.
  - (b) Pathological: e.g. Chorea, Epilepsy.

These nurses will attend a psychological course on the problems of adolescence and the maladjusted child.