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BEDFORD COLLEGE

SOCIOLOGY DEPARTMENT

B.Sc. in Nursing Studies.

PROPOSAL

1. The purpose of this paper is to set out (a) the outline structure of the proposed degree and (b) details of the first year programme.
  
2. Outline of the Degree
  - 2.1. As reported at the last meeting, the central thrust of the degree will lie in the integration of knowledge. Throughout the four years, students will undertake clinical experience and training at the Middlesex Hospital and outside in the community, and this will be concurrent with their academic study in the University. There will, in addition, be a period of continuous clinical experience during part of each summer vacation. In all probability, this will be in July and will incorporate the last two, post examination, weeks of the summer term and will last altogether six (or in the final year probably eight) weeks.
  
  - 2.2 Approximately half of the total programme will be in Nursing, about a third in the Social Sciences and about a sixth in the Biological Sciences.
  
  - 2.3 The courses in Social Science will be focused on the contribution of Sociology to the conceptualisation of nursing as an area of study; its antecedents and consequences; its delivery of care, and the execution of its practices. It will concern theoretical enquiry into contemporary issues of sociological theory and will examine comparative social structure. It will also consider issues of health and disease from the standpoint that they occur within the confines of the social milieu. This will constitute the sociological framework which will provide an explanatory background from which to examine specifically nursing issues. It will be reinforced by courses in Social Policy and Administration dealing with the development of the Health Services, in Research Methods and in Psychology.

- 2.4 The courses in Biological Sciences will deal with all aspects of Anatomy, Physiology, Pathology, Pharmacology and Microbiology relevant to the study of nursing. They will take place either concurrently with, or prior to, the main point of specialised clinical experience which will be in the second and third years.
- 2.5 The courses in Nursing are central to the degree. While comprising discreet and individually conceptualised courses, they are intended over the four years of the degree to come together to form an integrated whole. Knowledge and understanding from the Social and Biological Sciences will be fed into them and it will be the principal concern of seminars and tutorials in Nursing to amalgamate and absorb that knowledge and understanding so as to apply it to the needs and development of nursing. While the Nursing courses will have an academic framework, they will cover all of the statutory nursing specialities with provision for an elective course in the final year.
- 2.6 A diagrammatic scheme of the four years of the degree is attached at Appendix A. The precise unit value of the courses is subject to amendment when their final details are settled, but the overall total of c. 7 units in Nursing, c.4½ in Social Science, and c.2-2½ in Biological Science, will remain.
- 2.7 A calculation of clinical practice hours is attached at Appendix B. It is based on 2 days a week in the first year, 2½ days a week in the second and third years and 1½ days a week in the fourth year with a full-time period of 6 weeks in the first three years and eight weeks in the fourth year. This will constitute a minimum, and students will be allotted extra practice where they demonstrate they need it.



3. First Year Programme3.1 Nursing Care Course

The aim of this course is to introduce the student to themes, issues, methods and problems concerned with such nursing activities as are both basic and common to all aspects of nursing. While subsequent Nursing units will cover specific specialised areas, the core of nursing must be sought within a foundation course upon which the others are built. Basic to nursing activities is the maintenance of health, the prevention of disease and the care of the sick, all of which take place in a variety of settings. Practising nurses need to be conversant with an approach to health that supports and directs their clients' varied coping mechanisms, irrespective of clearly defined pathology. Therefore, their understanding must include knowledge about the complexities of health and disease, about formal and informal institutions providing health/illness care, about the role and situation of clients, and finally about systematic working methods.

## 3.1.1 Course Outline

Introduction to nursing and the nursing profession; what is understood by nursing; the care/cure dichotomy; the meaning of health and illness; institutions delivering health/illness care; the structure of hospitals; models of nursing; the 'nursing process'; the health model; activities of 'daily living'.

3.1.2 C.U. value            2 units

3.1.3 Teaching            Lectures                    :    72 hours  
                                   Field Work                    :    640 hours  
                                   Seminars and Tutorials :    48 hours

3.1.4 Assessment        Written Papers            :    One  
                                   Essays and Reports        :    Three  
                                   Written amount of  
     Fieldwork                    :    YES

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### 3.2 Anatomy and Physiology

Details of this course are currently being negotiated and we will speak to them if they are not available before the meeting.

### 3.3 Introduction to Sociology : Sociological Perspectives

The function of the Sociology courses is set out in para 2.3

#### 3.3.1 Course Outline

The nature of social reality; sociological perspectives; traditional and industrial societies; urban and rural communities; the nature of social order and unity; social problems in modern society; the nature and direction of social change.

3.3.2 C.U. value :  $\frac{1}{2}$  unit

3.3.3 Teaching : Lectures : 24 hours  
: Seminars : 12 hours

3.3.4 Assessment : Written Papers : One

### 4. Additional Information

Attached as Appendic C are the course outlines etc., for Sociology II and for Research Methods I and II. The latter are provisional in that a reorganisation of teaching in the Department will probably allow Nursing Studies' students to take an existing course that will be virtually identical with Research Methods I.

CLINICAL PRACTICE : CALCULATION OF HOURS

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	Year I	Year II	Year III	Year IV
1st Term	160	200	200	120
2nd Term	160	200	200	120
3rd Term (Pre-Exams)	80	100	100	60
3rd Term (Post-Exams) and Summer Vacation	240	240	240	320
	—	—	—	—
	640	740	740	620
	Total = 2740 hours			

Research Methods I

## Course Outline

Key issues in social research: the role of social research; the relevance of scientific method; correlation and regression. Historical sources; descriptive statistics; comparative methods. Data collection and measurement: sampling and surveys; questionnaires; interviewing; observation, participant and otherwise. Analysis and Interpretation: sources and bias; validity; inference and meaning; tests of significance. Data presentation.

C.U. value	:	1 unit.
Teaching	:	Lectures : 48 hours Seminars : 12 hours
Assessment	:	Written Papers : One

Research Methods II

## Course Outline

An examination of research methods in: studies in the history of nursing; contrasts in the definitions of health and illness; patients and their doctors: surveys and interpretation; causal enquiry: depression; interviewing and observation: hospital research; compilation of research reports into, e.g. the utilisation of services, social factors in rehabilitation. Practice problems of measurement, validity and reliability.

C.U. Value:	:	$\frac{1}{4}$ unit
Teaching	:	Seminars : 12 hours
Assessment	:	Written Papers : One



Sociology II : The Sociology of Modern Society: Social Differentiation

## Course Outline

The family in modern society; gender roles; ethnic minorities; social differentiation: the division of labour; social stratification; authority and power; bureaucracy in modern society; modern occupations and professions.

C.U. value	:	$\frac{1}{2}$ unit		
Teaching	:	Lectures	:	24 hours
		Seminars	:	12 hours
Assessment	:	Written Papers	:	One



YEAR	Nursing	Biological Sciences	Social Sciences <i>Appendix A</i>			
			Sociology	Social Policy	Research Methods	Other
I	Nursing - Core Course (2 units) <i>Communication</i>	Physiology and Anatomy (1-1½ units)	Sociology I (Intro to Sociology) (½ unit)			
II	Nursing of the Adult (Surgical and Medical) (½ unit) <i>1st year 2nd year</i> Psychiatric Nursing (½ unit)	Microbiology (½ unit) Pharmacology (½ unit)	Sociology II (½ unit)		Research Methods I (1 unit)	
III	Obstetric Nursing (½ unit) Paediatric Nursing (½ unit) Geriatric Nursing (½ unit) <i>Communication</i>			Social Policy and Administration I (½ unit)	Applied Research Methods (½ unit)	Psychology (½ unit)
IV	Nursing Option (½ unit) Nursing Administration (½ unit) Accident, Emergency & Theatre (½ unit) Extended Essay (1 unit)	<i>Nursing History?</i>	Sociology of Health Care (1 unit) <i>Professional Motivation</i>	Social Policy and Administration II (½ unit) <i>Nursing history</i>		
TOTAL	7 C.U.s	2-2½ C.U.s	2 C.U.s	1 C.U.	1¼ C.U.	½ C.U.

Overall Total : 13¾ - 14¼

Total Social Sciences 4¾ C.U.s