

SPECIAL ADVISORY COMMITTEE IN NURSING STUDIES

The next meeting of the SAC in Nursing Studies will be on Friday 14 May at 2.30pm in Senate House.

MINUTES of the meeting held on 19 February 1982

Present: Professor J H Green (in the Chair), Dr E R Beck, Dr S Beresford, Miss Miss S M Collins, Mrs M Ferguson, Mr B Finn, Mrs E M Fordham, Professor J C Hayward, Mr S J Holder, Professor Margot Jefferys, Mrs E Meerabeau, Professor J P Payne, Dr S J Redfern, Dr J R W Ross, Dr J Weinman, Mr W L Whitehouse, Dr J Wilson-Barnett.

Apologies were received from: Professor H Baum, Dr I Burton, Professor C G Clark, Miss M J Cooper, Mrs C A Cox, Professor A N Exton-Smith, Professor M Ginsburg, Professor R Goldsmith, Professor T E Oppe (Chairman), Professor R A Pinker, Dr D R Pitcher, Miss J Radway.

As Professor Oppe was ill, the Deputy-Chairman, Professor Green, took the Chair.

MINUTES

CONFIRMED: The minutes of the meeting on 16 October 1981, with the following amendment: 16

Nursing Studies at Chelsea College (Minute 11)

(3) The College had asked for a minimum of 9 UCCA points and had accepted a minimum of 7. 17

MATTERS ARISING

Constitution and Membership of the Special Advisory Committee

REPORTED: The information given in the agenda. The Deputy-Chairman welcomed the new members to the Committee. 18

COMMITTEE ON ACADEMIC ORGANISATION/SUBJECT AREA REVIEW COMMITTEES

CONSIDERED: (1) The Third and Final Report of the Committee on Academic Organisation. 19

It was agreed that the SAC would wish to comment that the University Library provided a useful resource for nursing students. Chelsea College, as a science college, find the University Library particularly useful in other subject areas, but also make use of medical school libraries and try to ensure that they do not duplicate holdings of journals. Bedford College anticipate that its students will make great use of the Library, especially the journals.

(2) Subject Area Review Committee Reports.

The general background to establishment of the SARC was given and it was explained that their initial task had been to help determine 1982/83 grants; it was not yet known whether they would continue on a permanent footing, or whether any further SARC would be set up. If the SARC were to continue, Nursing Studies might come within a new paramedical SARC or might be considered by an existing one, eg, Social Studies. Document B attached to the Agenda gave extracts from the SARC reports which were suggested as being of relevance to Nursing Studies and the SAC considered these in relation to the two courses. 20

Chelsea College

It was noted that the SARC in Biological Sciences had not considered Nursing Studies, but that it is aware that the biological science input is part of the essential core of the Chelsea College degree. It was reported that continuation of the Nursing course has the full support of the College Senate, which has accepted Nursing as a 'growth' area. Irrespective of any cuts in biological and social sciences in the College, it is likely to retain adequate academic staff in these areas to provide teaching essential to the Nursing degree. 21

Bedford College

The recommendations of the SARC in Social Studies concerning Bedford College were noted and a letter from Professor Baum was read out in which he expressed concern as to the future viability of the course at Bedford College, in view of possible cuts within the College in both biological and social sciences. It was reported that the College 22

wishes the Nursing Studies degree to continue, and to continue within the Department of Sociology. The teachers hoped the SAC would support this view and urge that those disciplines within the Sociology Department which contributed to the teaching of the course should be maintained at a level which would ensure that the degree did not suffer. The results of negotiations between the College and University College will probably be known by the middle of March. The reorganisation of the teaching hospitals in the Bloomsbury area may also have some effect on existing links with the Middlesex Hospital Medical School, but it is not possible to be more specific at this time.

It was also felt that the SAC should not depend too much on the fact that Nursing Studies is at present protected as an 'academic initiative' subject, as this could not be expected to be an open-ended commitment. Similarly the fact that the UGC had indicated that the numbers of nursing students should be maintained was no safeguard that sufficient money would be forthcoming.

It was suggested that the departments at Chelsea and Bedford should explore the possibilities of intercollegiate co-operation.

AGREED: That the SAC would wish to respond as follows:

(1) The SAC would wish to give strong support to the continuation of degree courses in Nursing Studies in the University.

(2) Degree courses in Nursing Studies comprise three essential components, the biological Sciences, social studies and the professional aspect. Furthermore, unlike some arts subjects and law, it is not possible to withdraw certain elements/optional courses for a time, as the overall course is designed to meet the requirements for professional training as a nurse as well as the degree. It is, therefore, necessary to ensure availability of resources in each component, and closure of any of the departments principally concerned at either College, such as the Physiology Department at Bedford College, would have a serious effect on the Nursing Studies course there.

(3) The SAC strongly supports the existence of courses offering two different approaches to Nursing Studies, and notes that the General Nursing Council (which will be taken over by the new Nurses Education Board in 1983) wishes to ensure continuation of a variety of degree courses providing professional training.

NURSING STUDIES AT BEDFORD COLLEGE

CONSIDERED: The proposals for second-year courses given in Document C attached to Agenda.

REPORTED: (1) The SAC considered the curriculum (Document C.4). It was felt that it would be helpful, if this could indicate the course-unit value of each course being taken and the amount of practical nursing not assessable for the degree (as requested at the last meeting).

(2) As yet, no syllabus is available for the medical science course in Pharmacology/ Pathophysiology. It was anticipated that this would be ready for the next meeting of the SAC in May.

(3) The Committee considered the three courses for which proposals are now available:

Nursing of the Adult Sick

This course is intended to underpin the nursing and medical experience being gained in the second year and to build on the basis of the first year; it looks at the individual's nursing problems in relation to the body's systems. All eight students will go through medical and surgical experience together. The course extends over six weeks full-time at the end of the third term with 2½ days a week on wards during the first two terms. Verbal assessment relates to oral examination by the ward sister, which does not form part of the course-unit.

Issues in Mental Health Care

It is intended that the Psychology course should underpin this course, the practical experience for which will take place in St Luke's Woodside Hospital.

Psychology

It is intended that this should adopt a more academic attitude towards Psychology, building on the current experience of the students. A psychologist is already working with the students on various behavioural problems, both their own as well as their patients. Teaching is by seminar, the group being sufficiently small to enable this. Field work will be in the form of communication exercises with patients in a clinical setting. It was suggested that, for a ½cu course, there is a rather heavy emphasis on the historical component. In view of the limited time available, further consideration might be given to concentrating more on modern medical psychology.

APPROVED: The courses in Nursing of the Adult Sick and Issues in Mental Health Care 37
It was agreed that the Psychology course might be approved by Chairman's Action after amendment.

It was pointed out by the Chairman that this is a college level subject
SPECIAL LECTURE IN NURSING STUDIES *is up to the college.*

REPORTED: That Dr Burton felt unable, in view of the exigencies of the time, to 35
arrange a Special Lecture at Bedford College this session. Professor Whitehouse indicated that, if the SAC still wished to arrange a lecture, funds would be forthcoming.

AGREED: That Chelsea College would try to arrange a Special Lecture to benefit from 36
this. It had been their intention to invite Dr Irene Palmer, Dean of Nursing at San Diego University to speak. She is an authority on Florence Nightingale and will be visiting Scutari in the next few months; it is hoped that she will be in England in May.

APPOINTMENT OF EXAMINERS

REPORTED: The information given in the Agenda. 37

PHD STUDENT: J A AKINSANYA

CONSIDERED: The notification of thesis title given in the Agenda, which the College 38
have subsequently amended to "Nursing Education; the Contribution of the Life Sciences". It was felt that even this amended title was too wide and gives little indication as to the content of the thesis. It was suggested that a more suitable title would be:

Curriculum Development in Nursing Education: the Contribution of
the Life Sciences

Professor Hayward agreed to discuss this proposal in the College. An amended notification will be submitted and dealt with by Chairman's Action.

As it is anticipated that the thesis will be ready for submission in the summer, preliminary consideration was given to examiners. As Supervisor, Professor Hayward made the following suggestions: 39

- Mr Alan Beattie (Inst Educ) Intercollegiate
- Dr Pamela Hawthorne (Director of Nursing Studies, University of Nottingham) External
- Professor J Hayward (Supervisor)

Whilst recognising the difficulty in finding appropriate examiners, members considered 40
it desirable for a new subject to ensure the intercollegiate examiner should have considerable experience of examining for a London PhD. It was agreed that Professor Hayward should make further enquiries before the next meeting.

COURSE-UNIT WORKING PARTY

REPORTED: The information given in the Agenda. 41

AGREED: (1) The SAC would wish to continue to approve course-unit proposals, and 42
noted that Nursing is a subject for which it is proposed that this procedure should continue.

(2) The SAC would wish to retain a common Panel of Visiting Examiners, to be appointed by the SAC. 43

(3) The SAC considers it most important that a body appointed by the University, 44
such as the SAC in its present form, retains close control of the Nursing degree.

DATE OF NEXT MEETING

REPORTED: The date of the next meeting of the SAC is Friday 14 May 1982. 45

(Where YES/NO is given as a response delete that which does not apply)

Section One - Title, Value and Status of Course

1. Name of School BEDFORD COLLEGE 2. Department SOCIOLOGY

3. Title of Course S281 NURSING OF THE ADULT SICK
 (including College Course Number)

4. Official Course Number

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|---|---|---|---|---|---|---|---|---|
| 0 | 7 | 8 | 6 | 0 | S | 2 | 8 | 1 |
|---|---|---|---|---|---|---|---|---|

5. Proposed Value in course units

| |
|-----|
| One |
|-----|

6. Is proposed Course to be 'Introductory'?

| | |
|----------------|----|
| Yes | No |
|----------------|----|

7. If Course supersedes an approved Course give official Course number of Course superseded.

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8. Has superseded Course ever been taught?

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| Yes | No |
|-----|----|

 Examined?

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|-----|----|
| Yes | No |
|-----|----|

9. Date from which Course proposed will operate.

| | | |
|---------|----|----|
| October | 19 | 82 |
|---------|----|----|

10. Indicate if Course is designed for any particular year of study.

| | | | |
|--------------|---|--------------|---|
| 1 | 2 | 3 | 4 |
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Section Two - Scope of Course, Work Load, Examinations

11. General Scope of Course (Fuller details may be given on additional sheets)

To involve students in and with further developments of the conceptual framework to which students were introduced during the first year** so that nursing practice within a centre setting of mainly medical and surgical patients will be consolidated. (Further details are given on the next page.)

** S180 Nursing: Core Course.

Prerequisite Course (Give Title & official Course no.)

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(BSc in Faculty of Science only) Tick here if Course designed primarily for Intercalating Students

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12. Work Load - Approximate number of Hours which the students spend in:

(a) Lectures

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|----|
| 24 |
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(b) Field, Laboratory or Studio work

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| 50 |
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(c) Seminars or tutorials

(d) Project work (Minimum no. of Hours)

13. Examining Methods (Compulsory element) Give number of

(a) Written Papers

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|-----|
| One |
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(b) Practical examinations

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(c) Essays and/or Reports

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Indicate if compulsory element includes

(d) Written account of field work or laboratory experiments

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| Yes | No |
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(e) Assessment of practical drawing or Art or Craft material

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| Yes | No |
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(Optional additional element)

(f) Multiple choice questions

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| Yes | No |
|-----|----|

(g) Oral examination(s)

| | |
|-----|----|
| Yes | No |
|-----|----|

(h) Assessment(s) of field/laboratory or studio work or other aspects of performance in Course

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| Yes | No |
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Section Three

14. If Course is subject to any form of shared teaching arrangement, give name(s) of other School(s) involved.

15. Name of Parent Board of Studies responsible for approving Course.

Special Advisory Committee in Nursing Studies

16. Other Boards of Studies to which the proposal is referred for information.

NURSING OF THE ADULT SICK (1 cu)

Aim: To involve students in and with further developments of the conceptual framework to which students were introduced during the first year so that nursing practice within a centre setting of mainly medical and surgical patients will be consolidated.

Objectives:

- (1) To become acquainted with the principles of medical and surgical nursing.
- (2) To apply previously learned theoretical concepts to the practical situation.
- (3) To display level of competence in nursing skills as they relate to individual patients' requirements, recognising patients' mental and physical states and understanding of therapeutic procedures.
- (4) To understand the notion of "continuity of care" both within the hospital and outside, between the hospital, the home and the primary care delivery system.

Content:

This second year course will focus primarily on nursing problems met with in acute hospital situations, concepts basic to nursing care will be examined as they relate to maturational and situational stress. By using a variety of planned and guided clinical settings, experiences will be provided with patients of all ages except those of children. Nursing theory and skills will be taught as the integrative discipline arising out of biological and sociological concepts studied during the first year. Recurrent themes such as crisis, pain, loss, anxiety, immobility and identity will be discussed.

The approach to disease will be through a system analysis in terms of patients with problems; for example: problems of the circulatory system, problems of the muscular system etc. Problems associated, for example, with elimination, hydration and nutrition, having been studied during the first year, will now be further explored and considered in the light of psycho-social understanding. They will also be studied within a framework related to the promotion of health, the prevention of illness, early diagnosis and treatment, rehabilitation and maintenance. Students who, where appropriate, will be working in small problem-based care tutorials will be taught the application of appropriate concepts and the "nursing process" to a variety of patient situations. Models of nursing intervention using a variety of theoretical bases are applied to health-care situations through problem-based learning.

Major emphasis will be given to the assessment, problem-solving, interpersonal ministering and teaching behaviour to implement and evaluate nursing care in institutional settings.

Teaching Methods:

Lectures / seminars / tutorials / guided practical work.

Assessment:

Written work / verbal assessments.

(Where YES/NO is given as a response delete that which does not apply)

Section One - Title, Value and Status of Course

1. Name of School BEDFORD COLLEGE 2. Department SOCIOLOGY
3. Title of Course S280 ISSUES IN MENTAL HEALTH CARE
 (including College Course Number)
4. Official Course Number

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|---|---|---|---|---|---|---|---|---|
| 0 | 7 | 8 | 6 | 6 | 5 | 2 | 8 | 0 |
|---|---|---|---|---|---|---|---|---|
5. Proposed Value in course units

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| half |
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6. Is proposed Course to be 'Introductory'?

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|----------------|----|
| Yes | No |
|----------------|----|
7. If Course supersedes an approved Course give official Course number of Course superseded.

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8. Has superseded Course ever been taught?

| | |
|-----|----|
| Yes | No |
|-----|----|

 Examined?

| | |
|-----|----|
| Yes | No |
|-----|----|
9. Date from which Course proposed will operate. October 1982
10. Indicate if Course is designed for any particular year of study.

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| -1 | 2 | -3 | -4- |
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Section Two - Scope of Course, Work Load, Examinations

11. General Scope of Course (Fuller details may be given on additional sheets)
- The course aims to introduce students to basic principles of psychiatry and to the nurse's role in the therapeutic management of disorders of thought, feeling and behaviour.
 (Further details are given on the next page.)

Prerequisite Course (Give Title & official Course no.)

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(BSc in Faculty of Science only) Tick here if Course designed primarily for Intercalating Students

12. Work Load - Approximate number of Hours which the students spend in:
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|----|
| 12 |
| 40 |
| |
- (a) Lectures
 (b) Field, Laboratory or Studio work
 (c) Seminars or tutorials
 (d) Project work (Minimum no. of Hours)
13. Examining Methods (Compulsory element) Give number of
- | |
|-----|
| one |
| |
| |
- (a) Written Papers
 (b) Practical examinations
 (c) Essays and/or Reports
 (d) Written account of field work or laboratory experiments
 (e) Assessment of practical drawing or Art or Craft material
 (f) Multiple choice questions
 (g) Oral examination(s)
 (h) Assessment(s) of field/laboratory or studio work or other aspects of performance in Course
- | | |
|----------------|----|
| Yes | No |
| Yes | No |
| Yes | No |

Section Three

14. If Course is subject to any form of shared teaching arrangement, give name(s) of other School(s) involved.
15. Name of Parent Board of Studies responsible for approving Course.
Special Advisory Committee in Nursing Studies
16. Other Boards of Studies to which the proposal is referred for information.

ISSUES IN MENTAL HEALTH; (PSYCHOLOGICAL MEDICINE) ($\frac{1}{2}$ cu)

Aim: It is the aim of the course to introduce the student to basic principles of psychiatry and the nurse's role in the therapeutic management of disorders of thought, feeling and behaviour without wishing to impute that the course will cover the entire gamut associated with mental health and disorder.

Objectives:

- (1) To enable students to understand basic principles of psychiatry and psychiatric nursing.
- (2) To equip students with intellectual skills to consider issues related to mental health and disorder.
- (3) To enable students to recognise how this learning may be transferred to other subjects in general nursing.

Content:

The course of necessity is a brief introductory one into issues associated with psychiatric disorder which will include several sub-specialities such as psychiatric community nursing, alcoholic and drug dependency nursing. Work in the area of acute psychological medicine will cover aspects of psychotic illness and mental handicap, neurosis and personality disorder and current thinking, treatment and management. Alcoholism and drug addiction and current therapies will be explored; so will the epidemiology of mental disorder. The theoretical framework will be one of historic specificity and will consider appropriate legal aspects, in particular in relation to the Mental Health Act. Guided nursing learning experiences will raise questions about nursing practice, the role of the psychiatric nurse, while introducing the student to current nursing practices of patients with a variety of neurotic and psychotic disorders.

Observational and participatory visits will include industrial therapy centres, the community psychiatric nursing service, and psychogeriatric patients.

Teaching Methods: Lectures / Discussion Groups / Seminars.

Assessment: Written work.