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A N N O U N C E M E N T  
O F I N T E R N A T I O N A L C O U R S E S

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COURSE IN PUBLIC HEALTH FOR NURSES  
COURSE FOR NURSE ADMINISTRATORS

and

TEACHERS IN SCHOOLS OF NURSING

offered by the

LEAGUE OF RED CROSS SOCIETIES  
in conjunction with

BEDFORD COLLEGE FOR WOMEN  
University of London

and

THE COLLEGE OF NURSING  
London.

SESSION 1928-29

LEAGUE OF RED CROSS SOCIETIES  
Division of Nursing  
2, Avenue Velasquez, PARIS-VIII.

## ANNOUNCEMENT OF INTERNATIONAL COURSES.

### Introduction.

There is an increasing demand in all countries for nurses trained in public health work and for directors and teachers of nursing education in training schools, who are qualified to emphasize the preventive and social, as well as the curative aspects of disease. ✓

In order to help in meeting this demand, the League of Red Cross Societies, with the co-operation of various nursing, educational, social service and health authorities, has established two courses at Bedford College for Women, University of London; an International Course in Public Health for Nurses, and an International Course for Nurse Administrators and Teachers in Schools of Nursing. ~~The second course is given in conjunction with the College of Nursing.~~ A certificate is awarded upon the satisfactory completion of a course. *in conjunction with the C of N*

The Bedford College session is divided into three terms averaging ten to eleven weeks each. Students attend at the college an average of twelve hours a week throughout the year, including lectures and individual coaching. A two weeks' vacation is granted at Christmas and Easter. ✓

The English system of University education lays great stress on the value of reading and discussions in small classes under the guidance of teachers, the lectures being regarded as a basis for individual study. ✓

In view of the fact that each student brings to the courses a vastly different background of previous training and nursing standards, origin and education, and that the problems that will confront each upon her return to her native country will be considerably different, the curriculum has been adapted to provide, as far as possible, the maximum of individual tuition for each student. Special emphasis may be given to any of the branches of work in which a student may wish to specialize, and additional lectures followed at the discretion of the Committee. ✓

The importance of devoting two months to practical work and observations in hospitals or with public health organizations preparatory to the courses has been recognized. Therefore, it has been arranged for students to spend August and September and, if necessary, additional time during the Easter holidays in practical work, to

*Christmas* *vacations*



familiarize themselves with English nursing methods and health procedures. Further practical work may be arranged at the completion of the course for nurses desiring more experience in England or on the Continent.

For students from countries where there is no complete system of training for nurses, facilities will be provided for securing this supplementary training in order to enable nurses to qualify for the post-graduate course at Bedford College.

ADMINISTRATIVE COMMITTEE.

The administration of the courses is in the hands of a special committee, appointed by Bedford College, (University of London), on which are representatives of the College of Nursing, London, and of the League of Red Cross Societies. This Committee is responsible for the admission of all students, and for the arrangement of theoretical and practical work.

This Committee is constituted as follows:

Miss M. J. Tuke, Med. and Mod. Lang. Tripos, Cantab.,  
M.A. Dublin, Principal of Bedford College, Chairman.

Mrs. Reid, Nat. Science Tripos, Cantab. Director of  
Social Studies, Bedford College.

Miss Edgell, M.A., Ph.D. <sup>University Professor</sup> ~~University~~ Reader in Psychology.

Mrs. Williams, B.A. Manchester. Lecturer in Economics.

J.A.H. Brincker, B.A., M.B., D.H.P. Cantab, Lecturer in  
Hygiene.

J.E. Edkins, M.A., M.B., D.Sc. Cantab, University Professor  
in Physiology.

Miss <sup>Oliver</sup> Alice Baggallay, S.R.N. Health Visitor, Battersea.

Miss A. Lloyd Still, C.B.E., R.R.C., Matron, St. Thomas'  
Hospital, Chairman, Educational Committee, College  
of Nursing.

Miss R. E. Darbyshire, R.R.C., Matron, University Col-  
lege Hospital, Educational Committee, College of  
Nursing.

*Alford*

Miss Cowlin, S.R.N., Educational Officer, College of Nursing.

Mrs. Maynard Carter, R.R.C., Acting-Chief, Division of Nursing, League of Red Cross Societies.

Miss Nan Dorsey, R.N., Superintendent, 15 Manchester Square.

*Sealy*

#### TUITION

The expense of the courses for students sent by Red Cross Societies exclusive of travel to and from London, will be £200. This includes tuition, residence at 15, Manchester Square, books, excursions and incidental expenses. The cost for all other students will be £250.

#### SCHOLARSHIPS.

Each national Red Cross Society belonging to the League has been asked to provide, if possible, one or more scholarships of £200 in addition to travelling expenses, to enable a nurse from its own country to take the International Course in Public Health for Nurses, or the International Course for Nurse Administrators and Teachers in Schools of Nursing. It is hoped that many Red Cross Societies will take advantage of this opportunity and will select and send to the courses experienced nurses possessing qualifications which will enable them, upon their return, to become teachers and leaders of recognized ability in their own countries in nursing matters, especially those relating to public health and to disease prevention. It is also hoped that national Red Cross Societies will lose no opportunity of utilizing graduates of the International Courses to strengthen their own nursing services and those of associated organizations. Other associations or individuals interested in the promotion of public health nursing are also invited to offer scholarships to enable nurses to take the courses. The full amount of the scholarship, £200, should be paid directly to the Treasurer of the League of Red Cross Societies, who will undertake to handle the funds on behalf of the students.

The League of Red Cross Societies has a limited fund from which it assists, each year, a few Red Cross Societies to send nurses to the International Courses. Applications for these scholarships must be made by the national Red Cross Societies.



Any nurse wishing to follow either of the International courses, who is unable to finance the course herself, should present her application to the Red Cross Society of her country. ✓

APPLICATIONS FOR ADMISSION

Applications for admission to the courses should be made on forms provided for this purpose. These may be obtained from the headquarters of any Red Cross Society belonging to the League, from the Division of Nursing, League of Red Cross Societies, 2, Avenue Velasquez, Paris, VIII, France, or from the League of Red Cross Societies, 15, Manchester Square, London, W.1.

Applications from British nurses must be sent to the League of Red Cross Societies, 15, Manchester Square, London; and from other nurses to the Nursing Division, League of Red Cross Societies, 2, Avenue Velasquez, Paris, VIII.

The courses open August 1st and close July 1st.

REQUIREMENTS FOR ADMISSION.

Applicants must be <sup>not less than</sup> between 21 ~~21~~ 40 years of age and must forward with their applications: *better to leave out rather than have any doubt*

- A medical certificate of good general health including a statement that teeth are in good condition.
- A declaration, endorsed by the Red Cross Society of the applicant's country of origin, testifying:
  - a) to the good character and education of the applicant (Applicants must have had a general education corresponding to the English secondary school education with evidence of ability to profit by the course, and the best nursing training available in their countries).
  - b) that the applicant is sufficiently familiar with the English language to be able to speak, read and write with ease and to follow lectures and take notes. The Red Cross Society endorsing her application must ensure her acquiring such familiarity before the opening of the course. (The League Secretariat

*Change from 21 & 40 to 21 & 40*

*Do not exceed the maximum of 40. Careful in 1927-8.*

can arrange if necessary for prospective students to spend one or two months in England for the purpose of studying English before the opening of the course. This additional expenditure will not be covered by the amount necessary for the year's course).

- c) that the applicant will be employed by her Red Cross Society or by some other public or private organization approved by that Society, to undertake, upon her return, public health nursing or hospital administration work calculated to stimulate nursing development and raise nursing standards.

*all respects*  
The Committee <sup>has</sup> reserves the right, under exceptional circumstances, to admit students who do not fulfil all of the above requirements, and to withdraw from the course any student who does not prove able to profit by it.

15, Manchester Square.

With the establishment, in 1920, of the first course, there was a realization of the necessity for a residence where the nurses, coming from all corners of the world to study in London, could live together, discuss their common problems and build up international friendships and understanding. But it was not until April, 1924, at the third meeting of the General Council of the League, that Dr. Masarykova, of Czechoslovakia, suggested that a permanent residence be established in London, and her project was approved by the Board of Governors. A number of other countries, through their Red Cross Societies, have joined Czechoslovakia in contributing towards it. The gift of the British Red Cross was the leasehold, for six and a half years, of a house at 15, Manchester Square, London.

The house was remodelled to suit the needs of twenty-two resident students, and formally opened by the Duchess of York on June 30th, 1925.

Manchester Square is administered by a House Committee, meeting monthly, of which the Principal of Bedford College, is Chairman, and on which are representatives of the League of Red Cross Societies and of the British Red Cross. The house is under the direct supervision of the Superintendent, member of the Nursing Division of the League of Red Cross Societies.



Dr. Shelley, M.D., is honorary medical advisor.

In order that the house may be truly international, Red Cross Societies have been <sup>invited</sup> requested to send national art, draperies, rugs and pictures for the furnishing of the students' rooms which are then named for the donor societies. A number of these rooms have already been so furnished.

Fifteen Manchester Square is becoming more than a home for the students. It is taking on the significance of an international club for nurses, where foreign visitors are entertained, international lecturers are invited to speak, and a library of nursing literature from all countries is being assembled. Here a welcome is extended to all nurses from abroad visiting in London. And for the students it has the added import of a home in a foreign country, to which each of them has a claim, a home forever associated with their work, where their year of study will have broadened their tolerance and deepened their sympathies.

#### SPECIAL STUDY VISITS

S For Nurses desiring to prepare themselves for a definite and special type of work by means of study visits to different countries, the Nursing Division of the League of Red Cross Societies will undertake to plan and arrange these ~~trips~~ trips, and will submit an estimate of the cost. Individual needs are carefully considered and provided for with opportunities for observation work and study.

#### THE INTERNATIONAL COURSE IN PUBLIC HEALTH FOR NURSES

The functions of the public health nurse are those of health education, the prevention of disease through the early recognition of symptoms and defects and bedside care of the ill. ✓

The aim of this course is to prepare nurses for executive and teaching positions in all fields of public health nursing, i.e. visiting nursing, child welfare, school and tuberculosis nursing, prenatal and maternity nursing under State, municipal or Red Cross authorities. It includes lectures, conferences, individual field demonstrations and excursions to centres for instruction in the practical functioning of health services.

Typical Courses

Students from the ~~Orient~~ may attend courses in Tropical Hygiene and Tropical Nursing. *at L.S. of Hygiene & Trop. med.*

The following outline of study is typical of that arranged for the average student.

Required Subjects:

I.	Personal Hygiene and Public Health <del>administration,</del>			
	a) Personal Hygiene.....	25	30	hours. <i>lecture</i>
	b) Public Health Administration.....	25	20	
II.	Public Health Nursing.....	30	50	" <i>including talks &amp; discussion</i>
III.	Maternity and Child Welfare.....	10	15	"
IV.	<del>Social Theory and Administration.</del>	30	50	"
V.	Psychology - General.....	30	30	"
	Applied.....	15	15	"
VI.	A Comparative Study of Modern Industrial Problems.....	20	15	"
VII.	Nutrition.....		8	"
VIII.	Tuberculosis.....	5	5	"
IX.	<del>Social Hygiene.....</del>		5	"

*From time to time there will be also practical side*

Recommended Subjects:

X.	Eugenics.....	5		"
XI.	Mental Hygiene.....	6		"
XII.	Methods of Teaching.....	10		"
XIII.	Ethics.....	5		"

*Stoppage of Mental Hygiene*

(3)

*if you give both excellent*

(3)

Practical work is planned for each student with reference to her past experience and future work, e.g.

(5) Attendance at child welfare centres, day nurseries and hospitals (enabling students to study physical conditions of numbers of infants and children, helping generally in all activities of the clinic, such as weighing, filing records and home visiting.)

Note: 2 add the 2 final lectures *time is given* ~~with several of the course days~~ *with* ~~Discussions in~~



*Dismissed from  
History of Nursing  
is it allowed? Page 7*

Attendance at a tuberculosis dispensary.

Experience with district nursing associations in town and country in order to obtain some insight into practical bedside nursing in the homes. (2)

Experience in school hygiene work. Physical examination of children. Home visiting. Cleansing stations. Schools for mentally and physically defective children. (4)

Arrangements will be made for each student to spend a short period with a public health department.

*last paragraph  
to be done  
with supervision*

~~The course will be held under supervision~~

THE INTERNATIONAL COURSE FOR NURSE ADMINISTRATORS AND TEACHERS IN SCHOOLS OF NURSING. (1)

*The Trends* Trends in modern nursing education indicate the need of an appreciation, on the part of student nurses, of the preventive as well as of the curative aspects of disease. Matrons and sister tutors are therefore finding it necessary to concern themselves with the social phases of illness and with health teaching, as well as with instruction in nursing technique and the administration of a training school.

Therefore in 1924, the League of Red Cross Societies established at Bedford College and in conjunction with the College of Nursing, a Course for Nurse Administrators and Teachers in Schools of Nursing. Here, in addition to courses in training school administration and methods of teaching, instruction is given in the social sciences and in public health.

Through affiliation with the College of Nursing, facilities are available for instruction in the organization and administration of training schools and of methods of teaching, as well as for the study of a variety of nursing educational problems. Excellent opportunities for social studies are provided at Bedford College for Women, where students may do further work in selected fields at the discretion of the Committee.

The nurse wishing to qualify for a teaching or executive position should have a thorough preliminary and professional training. Preference will be given to nurses who already hold executive or teaching positions and who wish to study different methods in training students and directing schools.

The following course of study is typical of that arranged for the average student:

Required Subjects:

XIV. History of Nursing.....	10 hours.	✓
XV. Hospital Administration.....	12 16	✓
XVI. Training School Administration.....	14 18	✓
V. Psychology - general.....	30	"
XII. <sup>Principals of Sanitation + Applied</sup> Methods of teaching.....	16	"
Ia. Personal Hygiene <sup>of Public Health</sup> .....	25 30	"
IV. <sup>Prevention + Relief of diseases</sup> Social Administration.....	30 50	"
VII. Nutrition.....	8	✓
XIII. <sup>Psychology of the Moral life</sup> Ethics.....	5	"

Literature 12  
might well be 10  
Easier to extend  
to 16 hrs

Recommended Subjects:

XI. <del>Mental Hygiene</del> <sup>Psychiatry</sup> .....	6	"
X. Eugenics.....	5	"
X <del>The Social</del> <sup>Amic. of Hygiene -</sup> Physiology.....	5 60	"

VII on Page 7  
the  
see further  
see Subject

OUTLINE OF STUDIES

I. Personal Hygiene and Public Health, (50 hours).  
J.A.H. Brincker, B.A., M.B., B.C., D.P.H., Cantab.

30 hours.

a) Personal hygiene; Of body and mind, based on standards of physiological health and capacity. Care of eyesight, hearing, teeth, etc.

Prevention of communicable disease: Micro-organism in relation to disease. Modes of attack, Resistance of body. Disinfection, Immunization, etc.

b) 20 hours.

Community hygiene; Water supply. Sewerage. Milk supply. Housing. Sanitation, etc.

History of Public Health

Paragraphs  
When subjects  
such as Phys  
be only  
the directs in  
are the  
8 subjects  
for (H) at  
the direction of  
Director of Studies  
at BC



(2) Outline to be worked out - & presented to committee of work meet. Conbin. Reid, Boylston, Dossier -10-  
 not to exceed 30 hours

~~Special course on Health & Education + School Nursing~~

School hygiene: Physical conditions affecting health. Indications of ill health and defects. Effects of fatigue, employment; etc. Recreation. Care of defective, retarded, abnormal children. Schoolroom sanitation.

Industrial hygiene.

II. Public Health Nursing. (30 hours). <sup>10</sup> ~~24~~

This course deals with the principles of Public Health Nursing and the application of these principles to the various fields of the work, i.e., maternity and child welfare, tuberculosis, school, etc., and all forms of domiciliary nursing, records and reports, health teaching and propoganda, and vital statistics.

III. Maternity and Child Welfare (15 hours). <sup>10</sup> ~~15~~

By a specialist. <sup>(2)</sup> ~~Dr. Waller~~ - <sup>(3)</sup> ~~Dr. Waller~~ <sup>(1)</sup> ~~Dr. Waller~~

This course deals with pre-natal hygiene, the premature, the normal infant, their care and feeding, the scope and functions of a welfare centre, and the care of the toddler.

IV. Social Theory and Administration. (50 hours). <sup>outline by Mrs. Reid</sup>

Mrs. Reid, Nat. Science Tripos, Cantab.

V. Psychology. (50 hours) <sup>outline by Prof. S. Jell</sup>

1. Mental life studied from the genetic standpoint: (30 hours).

Miss B. Edgell, D.Litt., Ph.d.

- a) Native endowment.
- b) Mental development.

2. The psychology of infancy and adolescence. (20 hours).

Miss V.H. Hazlitt, M.A. ~~Ph.D.~~ <sup>Dipl.</sup>

These lectures will be mainly concerned with the facts of mental growth during the two most important periods of development - infancy and adolescence. They will include a detailed account of the life of the child during the first three years, showing the normal development of

15 in 1st term -  
 short nursing  
 administrative in  
 Public Health  
 Dept of Specialists

revised till

15 Mrs. Baggeley  
 10 Mrs. Baggeley  
 5 Mrs. Baggeley  
 on Health & Education  
 with (1)

interests and abilities and the importance of early influences in the formation of character. The adolescent period will be viewed particularly in regard to the social problems to which it gives rise; the psychological causes of hooliganism, juvenile delinquency, and various forms of individual mal-adjustment will be discussed. Demonstration of tests of intelligence and tests for vocational guidance and selection will be given in connexion with the lectures.

VI. A Comparative Study of Some Modern Industrial Problems. (15 hours).  
Mrs. Williams, B.A.

Development of industry and its present organization. Health and efficiency as affected by industrial conditions.

- a) Welfare work. Unemployment and its effects and possible remedies. Women's problems. Schemes for endowment of motherhood. Family wages and widows' pensions.
- b) The standard of life in different countries. International labour legislation. The meaning of economic wealth. The theory of value. International trade and foreign exchange. Wages. Rent. Interest and profits.

VII. Nutrition. (8 hours).

By a specialist. *Mr Plimmer*

Food values. Classification. Principles of diet and dieting. Dietaries. Diet and feeding of school children.

VIII. Tuberculosis (6 hours).

By a specialist. *D Payne*

The work of a tuberculosis dispensary.

~~IX. Social Hygiene (5 hours).~~

X. Eugenics (5 hours).

A biological introduction to eugenics.

J.S. Edkins, M.A., M.B., D.Sc. Cantab. *Miller*

Social application.

Mrs. Reid, Nat. Science Tripos, Cantab. " "

*Mr Cantab.*

*lecturer*



*Psychology* -12-

XI. Mental Hygiene (6 hours).

XII. Principles of Education and Methods of Teaching.  
(16 hours)  
Mrs. Halsey, M.A. *to be revised*

These lectures apply the principles of psychology to the science of teaching. They include the problem of attention and the means by which interest can be maintained. The use of imagination in descriptive parts of a lesson and its illustrations. Economical methods of learning and the factors on which memory depends. Some advantages and limitations of routine activities. The teacher's personality and the use of suggestion and sympathy. Methods of preparing notes for lectures and lessons. The testing of knowledge by examination.

The application of these principles to the teaching of practical nursing. (4 hours).

~~XIII. Ethics ( hours).~~

XIV. History of Nursing. (12 hours).  
Mrs. V.H. Seymer, M.A., Oxon. S.R.N.  
Miss Gertrude Cowlin, S.R.N.

This course covers the evolution of nursing from the earliest age to the present day, including nursing in the ancient civilizations. Pre-Christian period - influence of Christianity - the Monastic, military and secular orders and the foundation and growth of the modern nursing movement.

XV. Principles of Hospital Administration (16 hours).  
H.L. Eason, C.B., C.M.G., M.D., M.R.C.S., L.R.C.P.  
E.W. Goodall, O.B.E., M.D.  
J.G. Porter Phillips, M.D., M.R.C.S., L.R.C.P.

This course deals with the organization and administration of Voluntary and State hospitals - their constitution - relation to the community - personnel - department management. Sources of income and control of expenditure. Purchase and supervision of supplies and equipment in all departments. Social service department - the relationship with other existing social service organizations.

*23 lectures in Professional Ethics  
History of course  
ask. This course  
to answer also  
called Nursing*

In connexion with this course, visits are paid to different types of hospitals, and with each visit, a special lecture is given by the Superintendent in charge of the hospital.

- XVI. ~~Administration in Schools of Nursing~~ <sup>Training School Administration</sup>. (18 hours).  
Miss Musson, S.R.N.

This course deals with the various authorities under which training schools are carried on. Hospital training schools. Private training schools. University schools of nursing. The administration of a preliminary training school. Selection of candidates. Ethics. Curriculum and class-room equipment. Records. Reports.

Visits of observation are organized in connection with this course.