

PROGRAMME FOR COURSE IN ACTIVITIES OF DAILY LIVING

Wednesdays : 1.30-4.30 p.m.

<u>Date</u>	<u>Time</u>	<u>Room</u>		
<u>21.10.81</u>	1.30-2.30	-	Tour of School of Nursing and Hospital. Meet at 1.30, entrance hall of John Astor House.	
	2.30-3.00	B5	Course expectations. What do I need to know about the ward?	
	3.00-4.30	40	Practical activities	} ADL cleanliness and dressing
<u>28.10.81</u>	1.30-2.00	B5	Outline of N.H.S.	
	2.00-3.00		Learning resources	
	3.00-4.30	B5	Becoming a patient	
<u>29.10.81</u> & <u>30.10.81</u>	Demonstration of bed bath) " of hoist bath)		on the ward	
<u>4.11.81</u>	1.30-2.30	40	Practical activities	
	2.30-3.30	B5	The significance of clothing	
	3.30-4.00 (approx.)		Visits to Linen Room and Kitchens	
	4.00-4.30	B5	Briefing	
<u>11.11.81</u>	1.30-2.00	B5	Reporting back	
	2.00-2.30		Meet Mr. Hoy, D.N.E.	
	2.30-4.30		Visit to Disabled Living Found- ation, 346 Kensington High St.	
<u>18.11.81</u>	1.30-3.00	B5	Factors affecting eating habits	
	3.00-4.00	↓	Mrs. Morgan, Assistant D.N.E. - other courses in the School	
	4.00-4.30	↓	Experiential learning	

Date	Time	Room		
25.11.81	1.30-2.00	B5	Reporting back.	} ADL maintaining homeostasis
	2.00-3.00	↓	Miss Booth - patient assessment	
	3.00-4.00	↓	Vital signs	
	4.00-4.30		Visit to dietetic department	
2.12.81	1.30-2.00	B5	Briefing	
	2.00-4.30		District walkabout	
9.12.81	1.30-4.00	30	Presentation of area information	
	4.00-4.30	↓	Briefing - sleeping patterns	
10.12.81	p.m.		Visit to Athlone House	

PROGRAMME FOR COURSE IN ACTIVITIES OF DAILY LIVING : TERM II

Wednesdays : 1.30-4.30 p.m.

Date	Time	Room		
20.1.82	1.30-4.30	B5	Circadian rhythms and factors affecting sleep. Making the patient comfortable.	} ADL Sleep
		↓	Briefing for discussion on dyspnoea.	
27.1.82	1.30-2.00	B5	Factors affecting breathing.	} ADL Breathing
	2.00-3.00		Visit to respiratory function laboratory.	
	3.00-4.30	B5	Social distribution of respiratory illness. Nurses, doctors and smoking.	
3.2.82	Ward practical : oxygen, inhalations and positioning. Briefing for activities associated with elimination.			} ADL Elimination
10.2.82	1.30-3.30	B5	Factors affecting elimination.	
	3.30-4.30	40	Assessing bowel and kidney functioning Practical - enemas and washouts; catheterisation.	
17.2.82	1.30-2.00	B5	Factors affecting mobility.	} ADL Mobility
	2.15-3.00		Visit to physiotherapy dept., Arthur Stanley House (in uniform).	
	3.15-4.00		Visit to OT, Arthur Stanley House.	
	4.00-4.30		Briefing - equipment.	
24.2.82	1.30-1.45	B5	Reporting back.	} ADL Mobility
	1.45-2.45	↓	Mrs. Gibbs, N.O. (Infection Control).	
	2.45-4.30	↓	Devising a teaching programme } half Experiential learning } groups	
3.3.82	1.30-2.00	B5	Reporting back.	} ADL Maintaining a safe environment
	2.00-3.00	↓	Facilities for mobility.	
	3.00-3.15	↓	Briefing - looking for hazards.	
	3.30-4.30	↓	Visit to Tottenham Mews Day Hospital.	
10.3.82	1.30-2.30	B5	Safety - what is the nurse's role?	} ADL Working and Playing.
	2.30-4.00	↓	Mr. Jones, Fire Prevention Officer.	
17.3.82	1.30-4.00	B5	Occupation and health	} ADL Working and Playing.
	4.00-4.30	↓	Briefing - family discussion.	