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THE FLORENCE NIGHTINGALE
INTERNATIONAL FOUNDATION

HEADQUARTERS:
FLORENCE NIGHTINGALE INTERNATIONAL HOUSE,
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THE
FLORENCE NIGHTINGALE INTERNATIONAL FOUNDATION.

(INAUGURATED JULY, 1934.)

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(*) The London School of Hygiene and Tropical Medicine have shown their interest by accepting an invitation to appoint a representative on this Committee, and by permitting a member of their Staff to give Courses of Lectures on Hygiene.

Extract from a Leading Article in "The Times," July 6th, 1934.

FLORENCE NIGHTINGALE.

“THE life and work of Florence Nightingale will remain for ever a beacon of the profession of nursing. Miss Nightingale did not, as is sometimes said, create the nursing profession; that was done in large measure by the Christian Church. But she reformed it and remade it, giving it a new direction and a more lively inspiration. Her service, indeed, was personal, in that she brought her vivid and alert personality into wards and dressing stations where disorder and even despair prevailed, and by her personality—compounded of courage, discipline, and a valiant faith in and love of her fellows—exorcised the evil and established a new order of goodness and mercy. Her new order has endured because it was built on the sure foundations of knowledge and experience. None believed more firmly than she in vocation as the beginning of the nurse's life; none felt a quicker contempt for a vocation unhallowed by work and self-sacrifice and unsupported by training. Miss Nightingale believed in training as the only means to efficiency in the nursing profession. She fought against great odds for her ideas and her ideals. Her opponents are remembered to-day only because they opposed her.

It is good news under these circumstances that the International Council of Nurses and the League of Red Cross Societies, acting in conjunction, decided to establish a memorial to Miss Nightingale. The decision, which was taken yesterday at a meeting over which Sir Arthur Stanley presided, and to which delegates came from all parts of the world, will be welcomed wherever nurses pursue their calling. For there is no nurse who is not proud of this leader. Nurses, too, will join with the Queen in feeling that post-graduate nursing education is exactly the kind of memorial which Miss Nightingale herself would have wished. It is a memorial peculiarly

well fitted to achieve its object, because it will serve, down the procession of the years, as a link between the impulse which was Florence Nightingale, and the achievement which continues to proceed from that impulse. It will also emphasise the place of study in the nurse's preparation for her work, a preparation which begins rather than ends when she has completed her early training. Miss Nightingale built to-day upon the study of yesterday's success and failure. Her work declared her preparation for it and, at the same time, promised a new preparation. Thus she moved from strength to strength. Only thus can her profession fulfil the measure of its service."

First Proposals for a Memorial

The movement to commemorate her life and work was initiated within two years of her death. A meeting of the International Council of Nurses at Cologne, in 1912, formulated a definite proposal in this sense, but no measures had been taken during the ensuing two years and, of course, from 1914 onward, action on a really international basis was for a time rendered impossible. It was not until the 1929 meeting of the International Council of Nurses that the matter was brought forward again.

Mrs. Bedford Fenwick, President of the National Council of Nurses of Great Britain, and one of the pioneers of the activities of the International Council, was then appointed chairman of a committee to examine and consider the question of the proposed memorial. This committee reported in Geneva two years later a recommendation "that the Foundation should be in London, that it should be of an international character and a living memorial, not a museum. The suggestion is that the memorial should take the form of an endowed foundation for post-graduate nursing education."

This recommendation came at a most opportune moment.

The International Nursing Courses of the League of Red Cross Societies

One of the earliest and most substantial enterprises fostered by the League of Red Cross Societies had been to arrange, in 1920, for facilities to enable outstanding nurses, on the recommendation and with the support of the National Red Cross Societies of their countries

to obtain post-graduate education of a very distinctive kind. Thanks to the interest shown in this scheme by the British Red Cross, which, in its turn enlisted the support of the College of Nursing, a system was worked out by which Bedford College for Women (University of London), in conjunction with the College of Nursing, provided special courses in public health nursing each year for a group of fifteen to twenty international students presented by the League. In 1924 the initiative of the President of the Czechoslovak Red Cross, Dr. Alice Masaryk, supported by generous help from a number of countries, the American and British Red Societies taking the lead, produced a conspicuous improvement in these arrangements, and the League became proprietor of the lease of a house in Manchester Square, where the students were housed during their year in London. A further improvement introduced somewhat later was the institution, parallel with the public health course, of a second course designed specially to meet the needs of nurses destined to undertake important responsibilities as administrators or teachers of nursing.

In 1931, when Mrs. Bedford Fenwick's resolution was adopted in Geneva, the facilities for post-graduate nursing provided by the League of Red Cross Societies had had ten years to prove their value; and they had proved it most abundantly. In almost every European country, in China, in Japan, in South Africa and New Zealand, leading posts in the nursing profession were already occupied by "Old Internationals" (1), and their achievements everywhere had shown how immense a contribution able women, backed by such training, could make. In many countries they had been instrumental in raising the status of the nursing profession; in some they had shown themselves successful pioneers of modern methods and modern technique in the public health field; in almost all they had proved towers of strength to their national Red Cross Societies, and attained positions of leadership in the campaign for the improvement of health and the prevention of disease.

By a happy co-operation between the International Council of Nurses and the League of Red Cross Societies, the Florence

(1) The nurses who have completed the courses speak of themselves always as "Old Internationals," and keep in touch through their "Old Internationals' Association." There are now 296, representing 46 countries.

Nightingale International Foundation was established in 1934 and undertook the continuance of the International Courses as one of its first activities.

The Foundation Inaugurated in London on July 5th, 1934, the Florence Nightingale International Foundation is a legally constituted Trust. The Trustees of the Foundation are the Westminster Bank Trustee Department in London, and all capital moneys are invested by them in the name of the Foundation.

The objects of the Foundation are :—

“To establish and maintain a permanent International Memorial to Florence Nightingale in the form of an endowed trust for post-graduate nursing education”: and “The maintenance and development of facilities for post-graduate education for selected nurses from all countries.”*

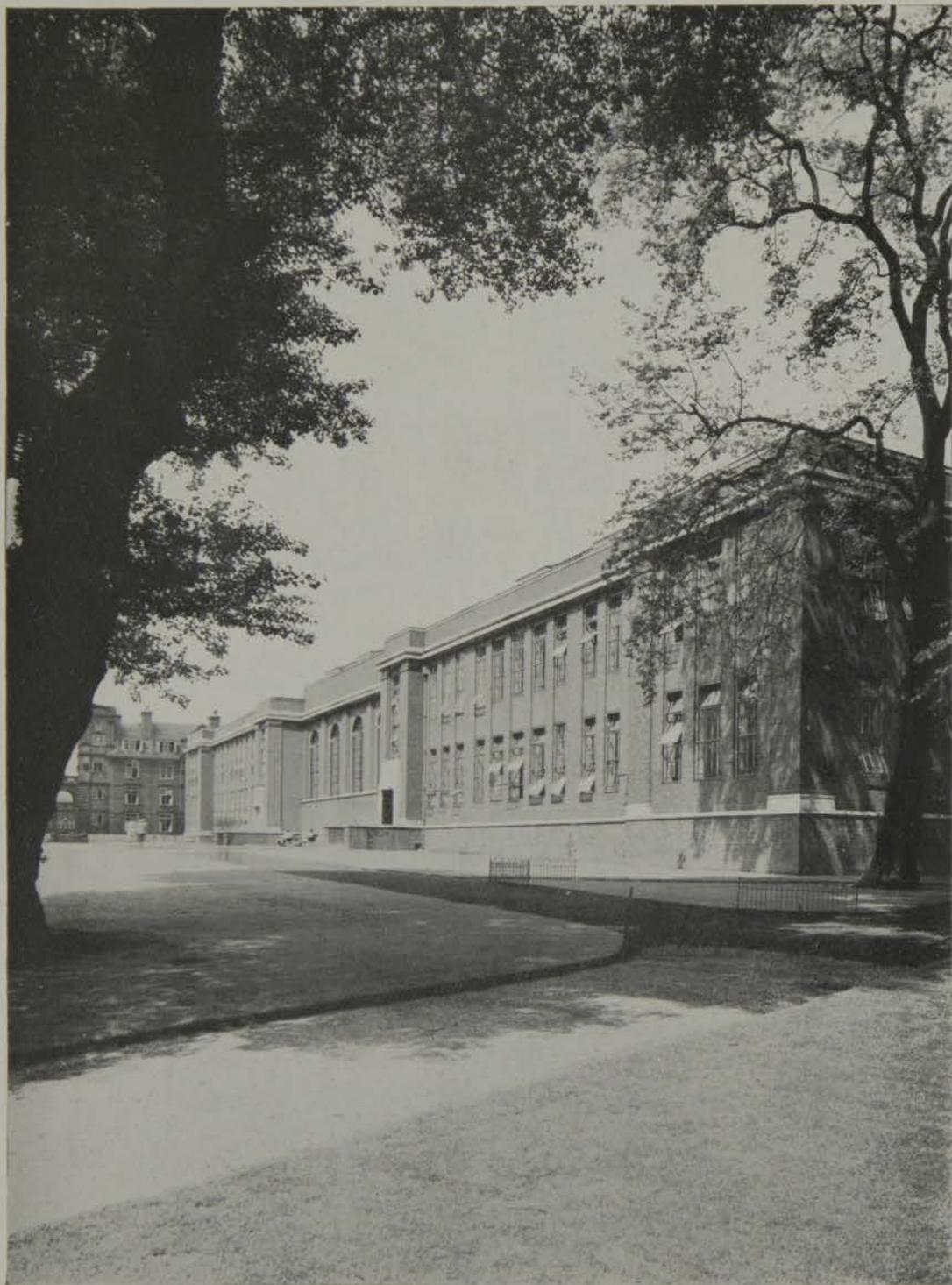
The Governing body—the Grand Council—is composed of five representatives of the International Council of Nurses; five representatives of the League of Red Cross Societies, and two representatives of the National Florence Nightingale Memorial Committee of each country contributing to the Foundation.

The Grand Council meets at least every two years, commencing 1935.

The Committee of Management The executive powers of the Grand Council are delegated to a Committee of Management** for the purpose of carrying on the work of the Foundation between its meetings. This Committee is appointed by the Grand Council and consists of three representatives of the International Council of Nurses; three representatives of the League of Red Cross Societies; two representatives of the National Council of Nurses of Great Britain; two representatives of the British Red Cross; one or more representatives of the Educational bodies co-operating in the scheme; and one representative of the “Old Internationals’ Association.” It meets at least four times a year and has the power to appoint Sub-Committees.

* Quotation from Schedule 2, Section 2, of the Trust Deed.

** For membership of this Committee see Page 2.



BEDFORD COLLEGE

15. MANCHESTER SQUARE





COLLEGE OF NURSING

National Florence Nightingale Memorial Committees

The Foundation works through its affiliated Committees in the various countries.* Any

country which wishes to associate with the scheme is asked to form a National Florence Nightingale Memorial Committee representative of the nursing interests in the country. It is advised that where possible the nucleus of such a committee should be formed of representatives of the National Nurses' Association and of the National Red Cross Society. The Committee is required to be an independent unit, communicating directly with the Foundation. Each National Committee is responsible for the selection and recommendation of students from that respective country, they are also asked to raise money, not only to assist their selected scholars, but also as a contribution to the Memorial, the ultimate Endowment of the Foundation.

The International Nursing Courses

Since 1934 the nature of these Courses has been somewhat modified to allow for a wider individual variation in the choice of subjects.**

Each student is required to select some major nursing speciality which will govern the allocation of her practical observation work. The other subjects offered in the Course are grouped as major and minor subjects and from these the student is required to select at least three under the guidance of her Tutor.

The result of this arrangement is that experienced nurses, wishing to prepare for teaching and administrative work in their own country are encouraged to spend a year in carefully planned reading and study of their chosen academic subjects, while at the same time having the opportunity of a comparative study of nursing problems with which they are already familiar.

Nurses with exceptionally good academic qualifications are permitted to select subjects outside the curriculum but available to them as students of the University of London.

It is obvious from this that nurses wishing to apply for admission to the International Nursing Course must be women of experience and standing in their own profession; must have a general standard of education comparable to University Matriculation, and must be able to read and write English with sufficient fluency.

* To date 21 countries have formed National Florence Nightingale Memorial Committees—see pages 12 to 14.

** See Curriculum.

The Organisation Committee at Bedford College reserves the right of final admission to the Course, but no student is accepted who has not received a recommendation from the National Florence Nightingale Memorial Committee of her own country, or, in the case where no such Committee exists, then from the International Council of Nurses or the League of Red Cross Societies.

The Course commences on August 15th annually and applications for admission, together with the necessary endorsement from the applicant's National Florence Nightingale Memorial Committee, should be received by April 1st of the same year.

**The Residence at
15, Manchester Square**

The lease of the house at 15, Manchester Square, which was handed over to the Foundation by the League of Red Cross Societies in 1934, continues until 1958. The house is a fine example of the best type of London architecture of the late eighteenth century and has been furnished in beautiful taste originally by the various Red Cross Societies and recently by gifts from the National Florence Nightingale Memorial Committees.

There are twenty-two bed-sitting rooms for students, as well as accommodation for the staff. One of the common rooms is a library containing valuable reference material on the subjects covered by the International Course.

Two offices on the ground floor are occupied by the Headquarters of the Foundation.

The life in the House forms an invaluable opportunity for the formation of international friendship and understanding. The fact that all members of the household have a common interest in nursing means that innumerable opportunities occur for comparison and discussion, and the differences in nationality are made an opportunity for wider study of mutual problems.

Fees The fees for the Course, £250 per student, cover all educational expenses, and board and lodging for eleven months at 15, Manchester Square, including maintenance during practical observation, necessitating residence elsewhere.

Financing the Foundation

The fees paid by the students are not sufficient to cover educational fees, house-keeping, overhead charges and office expenses. A further sum of £1,000 per annum is required to place the work on a sound financial basis. To provide this, the Foundation needs a capital sum of approximately £30,000. This does not allow for expansion and it is hoped that a further sum of £20,000 will be obtained for educational purposes.

The ultimate capital sum contemplated is £200,000. This should ensure an income sufficient to provide a certain number of scholarships for selected students and to extend very considerably the activities of the Foundation.

Learning and Leadership

The formula "Learning and Leadership" was the one selected by Mrs. Carter, Chief of the Nursing Division of the League of Red Cross Societies, when speaking of the work of the International Courses during the fourteen years they were under the direction of the League.

The Foundation, keeping constantly before it the watchword "Learning and Leadership," should achieve something of lasting and international value to nursing and to humanity.

The spirit of indomitable courage and fervent zeal, which was so remarkable in Florence Nightingale, is a fitting inspiration to the Foundation which is to commemorate her name. Her work has endured. It was of a quality only achieved by a trained mind; a mind able to reason clearly, to think originally.

The Florence Nightingale International Foundation will be a worthy Memorial to her greatness if it is able to offer to the nurses of the world something of that training which perfected in her an original genius.

LIST OF
NATIONAL FLORENCE NIGHTINGALE MEMORIAL COMMITTEES.

JANUARY, 1938.

- Formed.*
- I. **Belgium** ... 14/2/33 *Présidente*—Mlle. Marthe Damman, 12 rue van Bortonne, Jette.
Secrétaire—Mlle. J. Kaeckenbeeck, Directrice de la Section
Infirmières de la Croix Rouge, 80, rue de Livourne, Bruxelles.
- II. **Canada** ... 5/35 *Chairman*—Miss Grace M. Fairley, Vancouver General Hospital
School of Nursing, British Columbia.
Secretary-Treasurer—Miss Wilson, Ex. Secretary Canadian Nurses'
Association, Suite 401, 1411, Crescent Street, Montreal.
- III. **Czechoslovakia** 2/34 *President*—M. le Docteur V. Bazika, Vice-President, Red Cross.
Secretary—Miss J. Molnarova, Neklanova ulice 34, Prague VI.
- IV. **Denmark** ... 2/34 *Chairman*—Miss Elizabeth With, President Danish Council of
Nurses, København N, Fensmarkgade 1.
Secretary—Miss Kall, Secretary Danish Council of Nurses,
København N, Fensmarkgade 1.
- V. **Finland** ... 5/34 *Chairman*—Miss Venny Snellman, Lääkintöhallitus, Helsinki.
Secretary—Miss Sigrid Larsson, Finnish Red Cross, Annankatu 16,
Helsinki.
- VI. **France** ... 2/34 *President*—

Secretary—Mlle. Greiner, 26, Boulevard Brune, Paris XIVe.
- VII. **Great Britain**... 7/32 *President*—

Hon. Secretary—Mrs. Rome, R.R.C., S.R.N., 14, Grosvenor
Crescent, London, S.W.1.

- III. Greece ... 6/34 *President*—Miss A. Messolora, Greek Red Cross Society, 39 rue Solon, Athens, Greece.
Secretary—Mme. Apostolaki, Greek Red Cross Society, 39 rue Solon, Athens, Greece.
- IX. Iceland... ... 5/34 *President*—Mrs. Sigridur Thorvaldsson, President of the Icelandic Nurses' Association, 14, Tjarnargata, Reykjavik, Iceland.
- X. India 3/35 *Chairman*—Miss Abram, P.G. Hospital, Calcutta.
Secretary—Mrs. E. A. Watts, Keswick, Coonoor, South India.
- XI. Eire 2/34 *Chairman*—Miss Alice Reeves, St. Steven's Hospital, Dublin.
Secretary—Miss Stuart, The Adelaide Hospital, Dublin.
- XII. Japan 11/36 *Chairman*—Princess Hiroko Tokugawa, The Red Cross Society of Japan, Shiba Park, Tokyo.
Secretary—Dr. Yenji Inouye, The Red Cross Society of Japan Shiba Park, Tokyo.
- XIII. Latvia 11/32 Miss Justine Kushke, Latvian Red Cross Skolas iela 1, Riga, Latvia.
- XIV. Netherlands ... 1/33 *President*—Miss L. van Hogendorp, Keizersgracht 560, Amsterdam.
Secretary—Miss van Bemmelen, Wilhelmina Zieckenhuis, Nijmegen.
- XV. New Zealand ... 8/34 *President*—Miss Mary Lambie, Public Health Department, Wellington.
Secretary—Miss C. R. Clark, New Zealand Registered Nurses' Association, 1, Kensington Street, Wellington, C.2.
- XVI. Norway ... 5/34 *President*—Nicolai Paus, M.D., Chief County Hospital, Tønsberg.
Secretary—Sister Marit Berg-Domaas, Nursing School, Ulleval Hospital, Oslo.
- XVII. Philippines ... 1933. *President*—Miss Maria Tinawin, 719, Kansas Avenue, Manila.

- XVIII. **Poland...** ... 1932 *Chairman*—Miss Szlenkier, Ul : Koszykowa 78, Warsaw.
Secretary—Miss Mochnacka, Ul : Koszykowa 78, Warsaw.
- XIX. **South Africa...** 5/34 *President*—Miss B. G. Alexander, South African Trained Nurses' Association, P.O. Box 14, E. London, S. Africa.
Secretary—Miss Wilson, P.O. Box 3266, Johannesburg.
- XX. **Sweden** ... 5/34 *President*—Miss E. Lind, Östermalmsgatan 33, Stockholm.
Secretary—Miss Karin Elfverson, Östermalmsgatan 33, Stockholm.
- XXI. **United States of America** 5/35 *Chairman*—Miss Mary M. Roberts, 50, West 50th Street, New York City.

The Foundation needs £50,000

or 100 gifts of £500 each

or 500 " " £100 "

or 1,000 " " £50 "

or 10,000 " " £5 "

Will you give one <or more> of these sums?

Donations should be sent to the Chairman or Secretary of your Florence Nightingale Memorial Committee (for address see pp. 12 to 14) or to

FLORENCE NIGHTINGALE INTERNATIONAL FOUNDATION.

The Treasurer,

THE HON. SIR ARTHUR STANLEY, G.B.E.,
FLORENCE NIGHTINGALE INTERNATIONAL FOUNDATION,
15, Manchester Square, London, W.1.

$\frac{I}{We}$ have pleasure in enclosing a Donation of

.....to the above.

Name

Description of Title

Address

Cheques and Orders should be made payable to the Florence Nightingale International Foundation and crossed "Trustee Department, Westminster Bank, Ltd."