



THE FLORENCE NIGHTINGALE  
INTERNATIONAL FOUNDATION

1934

THE  
FLORENCE NIGHTINGALE INTERNATIONAL FOUNDATION.

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### *League of Red Cross Societies :*

Mrs. CECIL CARTER, A.R.R.C., S.R.N., Chief of Nursing  
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Mr. ERNEST SWIFT, Secretary-General, L.O.R.C.S.

### *International Council of Nurses :*

Mrs. BEDFORD FENWICK, S.R.N., President, National Council  
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Miss BERGLIOT LARSSON, President, Norwegian Nurses'  
Association.

Mlle. CHAPTAL, Présidente de l'Association d'Infirmières  
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### *The British Red Cross :*

Lieut.-General Sir HAROLD FAWCUS, K.C.B., C.M.G., D.S.O.,  
Director-General, British Red Cross.

Dame SARAH SWIFT, G.B.E., R.R.C., Matron - in - Chief,  
British Red Cross.

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National Council of Nurses of Great Britain.

Miss E. MUSSON, C.B.E., R.R.C., S.R.N., LL.D., Vice-President,  
National Council of Nurses of Great Britain.

### *Bedford College :*

Miss G. E. M. JEBB, M.A., Cantab., Principal, Bedford College  
for Women.

### *College of Nursing :*

Miss COX-DAVIES, C.B.E., R.R.C., S.R.N., President, College  
of Nursing.

### *Old International Association :*

Mlle. CÉCILE MECHELYNCK, Directrice de l'Ecole Universitaire  
d'Infirmières, Bruxelles.



## BEDFORD COLLEGE COMMITTEE.

Miss G. E. M. JEBB, M.A., Cantab., Principal of Bedford College, *Chairman*.

Miss OLIVE BAGGALLAY, S.R.N., Bedford College.

Mrs. CECIL CARTER, A.R.R.C., S.R.N., Chief, Nursing Division of the League of Red Cross Societies.

Miss D. COODE, S.R.N., Chairman, Education Committee, College of Nursing.

Miss R. E. DARBYSHIRE, R.R.C., S.R.N., Matron, University College Hospital, London.

Mrs. EDKINS, D.Sc., London, Reader in Physiology.

Dame ALICIA LLOYD-STILL, D.B.E., R.R.C., S.R.N., President, Florence Nightingale International Foundation.

Miss H. C. PARSONS, S.R.N., Director, Education Department, College of Nursing.

C. A. MACE, M.A., Cantab., Reader in Psychology.

Miss MACMANUS, O.B.E., S.R.N., Matron, Guy's Hospital, London.

Miss OLIVE MONKHOUSE, M.B.E., B.A., London, Secretary, Bedford College, *Secretary*.

Lt.-Col. G. S. PARKINSON, D.S.O., M.R.C.S., L.R.C.P., D.P.H., Assistant Director, Public Health Division, London School of Hygiene (\*).

Mrs. REID, M.A., Cantab., Director of Social Studies, Bedford College.

Mrs. WILLIAMS, B.A., Manchester, Lecturer in Economics.

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(\* The London School of Hygiene and Tropical Medicine have shown their interest by accepting an invitation to appoint a representative on this Committee, and by permitting a member of their Staff to give Courses of Lectures on Hygiene.

Extract from a Leading Article in "The Times," July 6th, 1934.

## FLORENCE NIGHTINGALE.

THE life and work of Florence Nightingale will remain for ever a beacon of the profession of nursing. Miss Nightingale did not, as is sometimes said, create the nursing profession; that was done in large measure by the Christian Church. But she reformed it and remade it, giving it a new direction and a more lively inspiration. Her service, indeed, was personal, in that she brought her vivid and alert personality into wards and dressing stations where disorder and even despair prevailed, and by her personality—compounded of courage, discipline, and a valiant faith in and love of her fellows—exorcised the evil and established a new order of goodness and mercy. Her new order has endured because it was built on the sure foundations of knowledge and experience. None believed more firmly than she in vocation as the beginning of the nurse's life; none felt a quicker contempt for a vocation unhallowed by work and self-sacrifice and unsupported by training. Miss Nightingale believed in training as the only means to efficiency in the nursing profession. She fought against great odds for her ideas and her ideals. Her opponents are remembered to-day only because they opposed her.

It is good news under these circumstances that the International Council of Nurses and the League of Red Cross Societies, acting in conjunction, decided to establish a memorial to Miss Nightingale. The decision, which was taken yesterday at a meeting over which Sir Arthur Stanley presided, and to which delegates came from all parts of the world, will be welcomed wherever nurses pursue their calling. For there is no nurse who is not proud of this leader. Nurses, too, will join with the Queen in feeling that post-graduate nursing education is exactly the kind of memorial which Miss Nightingale herself would have wished. It is a memorial peculiarly



well fitted to achieve its object, because it will serve, down the procession of the years, as a link between the impulse which was Florence Nightingale, and the achievement which continues to proceed from that impulse. It will also emphasise the place of study in the nurse's preparation for her work, a preparation which begins rather than ends when she has completed her early training. Miss Nightingale built to-day upon the study of yesterday's success and failure. Her work declared her preparation for it and, at the same time, promised a new preparation. Thus she moved from strength to strength. Only thus can her profession fulfil the measure of its service.

### **First Proposals for a Memorial**

The movement to commemorate her life and work was initiated within two years of her death. A meeting of the International Council of Nurses at Cologne, in 1912, formulated a definite proposal in this sense, but no measures had been taken during the ensuing two years and, of course, from 1914 onward, action on a really international basis was for a time rendered impossible. It was not until the 1929 meeting of the International Council of Nurses that the matter was brought forward again.

Mrs. Bedford Fenwick, President of the National Council of Nurses of Great Britain, and one of the pioneers of the activities of the International Council, was then appointed chairman of a committee to examine and consider the question of the proposed memorial. This committee reported in Geneva two years later a recommendation "that the Foundation should be in London, that it should be of an international character and a living memorial, not a museum. The suggestion is that the memorial should take the form of an endowed foundation for post-graduate nursing education."

This recommendation came at a most opportune moment.

### **The International Nursing Courses of the League of Red Cross Societies**

One of the earliest and most substantial enterprises fostered by the League of Red Cross Societies had been to arrange, in 1920, for facilities to enable outstanding nurses, on the recommendation and with the support of the National Red Cross Societies of their countries,

to obtain post-graduate education of a very distinctive kind. Thanks to the interest shown in this scheme by the British Red Cross, which, in its turn enlisted the support of the College of Nursing, a system was worked out by which Bedford College for Women (University of London), in conjunction with the College of Nursing, provided special courses in public health nursing each year for a group of fifteen to twenty international students presented by the League. In 1924 the initiative of the President of the Czechoslovak Red Cross, Dr. Masarykova, supported by generous help from a number of countries, the American and British Red Societies taking the lead, produced a conspicuous improvement in these arrangements, and the League became proprietor of the lease of a house in Manchester Square, where the students were housed during their year in London. A further improvement introduced somewhat later was the institution, parallel with the public health course, of a second course designed specially to meet the needs of nurses destined to undertake important responsibilities as administrators or teachers of nursing.

In 1931, when Mrs. Bedford Fenwick's resolution was adopted in Geneva, the facilities for post-graduate nursing provided by the League of Red Cross Societies had had ten years to prove their value; and they had proved it most abundantly. In almost every European country, in China, in Japan, in South Africa and New Zealand, leading posts in the nursing profession were already occupied by "Old Internationals" (1), and their achievements everywhere had shown how immense a contribution able women, backed by such training, could make. In many countries they had been instrumental in raising the status of the nursing profession; in some they had shown themselves successful pioneers of modern methods and modern technique in the public health field; in almost all they had proved towers of strength to their national Red Cross Societies, and attained positions of leadership in the campaign for the improvement of health and the prevention of disease.

By a happy co-operation between the International Council of Nurses and the League of Red Cross Societies, the Florence

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(1) The nurses who have completed the courses speak of themselves always as "Old Internationals," and keep in touch through their "Old Internationals' Association." There are now 238, representing 43 countries.



Nightingale International Foundation has been established and has undertaken the continuance of the International Courses as one of its first activities.

**The Foundation** Inaugurated in London on July 5th, 1934, the Florence Nightingale International Foundation is a legally constituted body registered in Great Britain under the Companies Act of 1929. The Trustees of the Foundation are the Westminster Bank Trustee Department in London, and a Capital Account has been opened in their name.

The objects of the Foundation are :—

“ To establish and maintain a permanent International Memorial to Florence Nightingale in the form of an endowed trust for post-graduate nursing education ” : and “ The maintenance and development of facilities for post-graduate education for selected nurses from all countries. ”\*

The Governing body—the Grand Council—is composed of five representatives of the International Council of Nurses ; five representatives of the League of Red Cross Societies, and two representatives of the National Florence Nightingale Memorial Committee of each country contributing to the Foundation : one of which representatives must be a trained nurse.

The Grand Council will meet at least every two years.

**The Committee of Management** The executive powers of the Grand Council are delegated to a Committee of Management\*\* for the purpose of carrying on the work of the Foundation between its meetings. This Committee is appointed by the Grand Council and consists of three representatives of the International Council of Nurses ; three representatives of the League of Red Cross Societies ; two representatives of the National Council of Nurses of Great Britain ; two representatives of the British Red Cross ; one or more representatives of the Educational bodies co-operating in the scheme ; and one representative of the

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\* Quotation from Schedule 2, Section 2, of the Trust Deed.

\*\* For membership of this Committee see Page 2.



“ Old International Association.” It will meet at least four times a year and has the power to appoint Sub-Committees.

**National Committees** It is hoped that every country will participate in the scheme. This contemplates the formation in all countries, where interest can be aroused, of National Florence Nightingale Memorial Committees. The National Committees will be asked to make themselves responsible for raising a sum of money towards the International Memorial to Florence Nightingale.

They will appoint two delegates to represent them on the Grand Council, and will also be responsible for the selection of suitable candidates for the Courses and the collection and awarding of scholarships, in their respective countries.

The task of these Committees will be no easy one, for it is upon their co-operation and upon their success in raising funds that the future of the Foundation must ultimately depend.

It is recommended that each National Florence Nightingale Memorial Committee be as strongly representative of the nursing interests in the country as is possible. No uniform method of organisation is being proposed, as each country has a somewhat different problem. Every National Red Cross Society, however, and every National Nurses' Association affiliated to the International Council of Nurses, has been asked to help in the formation of the National Committee.

At the present time National Committees have been formed in seventeen different countries,\* and in nearly every case the nucleus of that Committee is made up of representatives of the National Nurses' Association and Red Cross Society. Several committees have enlisted the help of other organisations concerned with nursing, and it is advisable that the country itself should be free to form its committee from those most likely to help in its activities, and especially in the initial raising of money for the endowment.

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\* A list of these Committees appears on Pages 12 to 14.

### **The International Nursing Courses**

The present activity of the Foundation is the continuation of the International Courses which have been maintained in London by the League of Red Cross Societies since 1920.

There are three International Courses at present arranged for nurses and offered by Bedford College (University of London), in conjunction with the College of Nursing, London. They are :—

- (1) Course in Public Health.
- (2) Course for Nurse Administrators and Teachers in Schools of Nursing.
- (3) Course in Social Work.\*

These courses are open to women of good education who have had the best nursing training available in their own countries. Their knowledge of English, both spoken and written, has to be sufficient for them to profit by the course and their applications have to be endorsed by the National Florence Nightingale Memorial Committee of their country of origin.

Applications for the Courses are made, in the first place, directly to the National Florence Nightingale Memorial Committee of the nurse's own country where such a Committee exists. If no such Committee is as yet formed, applications may be made through either the National Red Cross Society or the National Nurses' Association. These applications, having been endorsed by a national body, are forwarded to the Foundation at 15, Manchester Square, London, W.1—where they are submitted to the Committee at Bedford College, which is ultimately responsible for the admission of students.

**Scholarship** The fees for the Courses, £250, for student, cover all educational expenses, and board and lodging for eleven months at 15, Manchester Square. This sum also includes a sum of £33, which is returned to the student as a small monthly allowance for personal expenditure, and a sum of £4 for books.

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\* See Curriculum.



### **Financing the Foundation**

It is possible to estimate expenditure on the basis of the present activity of the Foundation. The continuation of the International Courses offered by Bedford College and the College of Nursing, can be ensured provided that twenty students, each paying £250, offer themselves annually and that an annual sum of £1,500—£2,000, can be provided to cover the overhead expenses. This means that the Foundation must see its way clear to raising a Capital sum of at least £40,000 before this one activity can be said to be firmly established. It is hoped to raise the sum before July, 1935, and substantial promises have been made, particularly by the American Red Cross.

The ultimate capital sum contemplated is £200,000. This should ensure an income sufficient to provide a certain number of scholarships for selected students and to extend very considerably the activities of the Foundation.

### **Learning and Leadership**

The formula "Learning and Leadership" was the one selected by Mrs. Carter, Chief of the Nursing Division of the League of Red Cross Societies, when speaking recently of the work of the International Courses during the past fourteen years.

The Foundation, keeping constantly before it the watchword "Learning and Leadership," should achieve something of lasting and international value to nursing and to humanity.

The spirit of indomitable courage and fervent zeal, which was so remarkable in Florence Nightingale, is a fitting inspiration to the Foundation which is to commemorate her name. Her work has endured. It was of a quality only achieved by a trained mind; a mind able to reason clearly, to think originally.

The Florence Nightingale International Foundation will be a worthy Memorial to her greatness if it is able to offer to the nurses of the world something of that training which perfected in her an original genius.



LIST OF  
NATIONAL FLORENCE NIGHTINGALE MEMORIAL COMMITTEES.  
OCTOBER, 1934.

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- Formed.*
- I. **Belgium** ... 14/2/33 *Présidente*—Mlle. Hellemans, 18, Rue de la Source, Bruxelles.  
*Secrétaire*—Mlle. J. Kaeckenbeeck, Directrice de la Section des  
Infirmières de la Croix Rouge, 80, rue de Livourne, Bruxelles.
- II. **Czechoslovakia** 14/2/34 *President*—M. le Docteur V. Bazika, Vice-President, Red Cross.  
*Secretary*—Miss J. Molnarova, Neklanova ulice 34, Prague, VI.
- III. **Denmark** ... 2/34 *Chairman*—Mrs. M. Koch, President Danish Council of Nurses,  
Kobenhaon N, Fensmarkgade, 1.
- IV. **Finland** ... 5/34 *Chairman*—Miss Venny Snellman, Lääkintohallitus, Helsinki,  
Finland.  
*Secretary*—Miss Sigrid Larsson, Finnish Red Cross, Annankatu 16,  
Helsinki, Finland.
- V. **France** ... 2/34 *President*—Mlle. Chaptal, 2, Place de la Porte de Vanves, Paris,  
XIV e.
- VI. **Great Britain**... 6/7/32 *President*—The Duchess of Devonshire, Hon.LLd., J.P. Chairman,  
Executive Committee, Sir A. Stanley.  
*Secretary*—Mrs. D. S. Woodhall, 14, Grosvenor Crescent, S.W.1.
- VII. **Greece** ... 27/6/34 Miss Marguerita Chryssaki, President of the Hellenic National  
Graduate Nurses' Association.  
Monsieur le President de la Croix-Rouge Hellénique, 39, rue Solon,  
Athenes, Grèce.
- VIII. **Iceland**... 28/5/34 *President*—Miss Sigridur Thorvaldsson, President of the Icelandic  
Nurses' Association, 14, Tjarnargata, Reykjavik, Iceland.
- IX. **Irish Free State** 2/34 *Chairman*—Miss Alice Reeves, St. Steven's Hospital, Dublin.  
*Hon. Sec.*—Mrs. Stuart, The Adelaide Hospital, Dublin.

- X. **Latvia** ... 2/11/32 *President*—Mme. Célmins, Latvian Red Cross, Skolas iela 1, Riga, Latvia.
- XI. **Netherlands** ... 14/1/33 *President*—Miss L. van Hogendorp, Nieve Gracht 94, Utrecht, Holland.  
*Secretary*—Miss A. Reineke, P.C., Hoofstraat, 144 B. Amsterdam.
- XII. **New Zealand**... 10/8/34 *Secretary*—Miss C. R. Clark, New Zealand Registered Nurses' Association, 1, Kensington Street, Wellington, C.2.
- XIII. **Norway** ... 12/5/34 *President*—Nicolai Paus, M.D. Chief County Hospital, Tonsberg, Norway.  
*Secretary*—Sister Marit Berg-Demas, Nursing School, Ulleval Hospital.
- XIV. **Phillipines** ... 1933. *President*—Miss Cesarea Tan, Estrade 1411, Manila.  
*Secretary*—Mr. Chas. Forstee, Manager, Phillipines Chapter, American Red Cross, Manila.
- XV. **Poland**... ... 1932. *Chairman*—Dr. Prof. W. Shenajeh, Director of Karolo Maria Memorial Hospital, 136, Leszno, Warsaw.  
*Secretary*—Mille. J. Masiewicz, Polskie Stowarzyszenie Pielęgniarek Zawodowych, W. Warsaw.
- XVI. **South Africa** ... 4/5/34 *President*—Miss B. G. Alexander, South African Trained Nurses' Association, P.O. Box 14, E. London, South Africa.  
*Hon. Secretary*—Mrs. K. C. Wright (as above).
- XVII. **Sweden** ... 5/34. *President*—Miss E. Lind, Dobelns gate, 34, Stockholm.  
*Secretary*—Miss Karin Elfverson.
- Canada** ...  
(No joint National Committee yet formed).  
Miss Grace M. Fairley, Convenor, F.N.M. Committee, Canadian Nurses Association, Vancouver General Hospital School of Nursing, B.C.  
Miss Wilson, Ex-Secretary, Canadian Nurses Association, Suite 401, 1411, Crescent Street, Montreal, Canada.  
Dr. J. L. Biggar, M.B., National Commissioner, Canadian Red Cross Society, 410, Sherbourne Street, Toronto, 5.

Indian Nurses' Association have formed a Committee, but have not yet invited the Indian Red Cross to join.

*Hon. Sec.*—Mrs. Watts, Trained Nurses' Association of India,  
2, Madavakam Tank Road, Kilpauk, Madras.

Austrian Nurses' Association have also formed a Committee without the Red Cross.

*Chairman*—Oberschwester H. Birkner, Lazarettgrasse, 14, Wien,  
Austria.

Chinese Nurses' Association are working to form a Committee.

*President*—Mrs. Victoria Pen Yen, President, Nurses' Association  
of China, Central Hospital, Nanking, China.

**U.S.A. ... ..**  
(No joint National Committee  
yet formed).

*Chairman*—Red Cross Florence Nightingale Memorial Com-  
mittee, Mrs. Kinnicot-Draper, New York Chapter House,  
315, Lexington Avenue, New York City.

*Chairman*—Florence Nightingale Memorial Committee of the  
American Nurses' Association, Miss Mary M. Roberts,  
50, West Fiftieth Street, New York City.