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The 1937 international students of the Florence Nightingale International Foundation with their tutors. Miss Jebb, Principal of Bedford College, is in the centre. [Elliott and Fry, Ltd.]

Prize-Givings

Florence Nightingale International Foundation

The following students completing the International Course for the session 1936-37 were awarded certificates at Bedford College on July 8 (see also page 692):—Miss Maja Andreell, Sweden; Miss Katy Blagoeva, Bulgaria; Miss D. C. Bridges, Great Britain*; Miss Saman Bunyavitr, Siam; Miss Ludmila Fantova, Czechoslovakia; Miss Maja E. Foget, Denmark*; Miss Karin Gadd, Finland; Miss Ingeborg Hantsch, Austria†; Miss Nellie Edna Howey, Canada‡; Miss Audrey L. Iorns, New Zealand; Miss Borghild Kessell, Norway; Miss Emily H. de Klerk, South Africa; Miss K. Mary Perkins, Great Britain; Miss Catherine F. Russell, Irish Free State; Miss C. Elizabeth Sage, Canada; Miss Mary P. Welch, Great Britain; Miss Sadie A. Williams, Canada; Miss Lulu Kathryn Wolf, United States of America.*

Whipps Cross Hospital, E.11

The following awards were made at Whipps Cross Hospital (see also page 710) on July 7:—*Gold medal*.—Miss R. E. Shaw. *Silver medals*.—Misses D. Holden and E. Howlett. *Cookery prizes*.—(1) Miss D. H. Edwards, (2) Miss G. Watts.

Scarcho Road Infirmary, Grimsby

The following awards were made at Scarcho Road Infirmary (see also page 710) on July 1:—*Gold medal*.—Miss E. Hawley. *Highest marks in final hospital examination*.—(1) Miss E. Hawley, (2) Miss G. Curlewis. *Highest marks in junior hospital examination*.—(1) Miss D. I. Crancher, (2) Miss J. Masikonis. *Attention to studies and lecture books*.—Senior, Miss E. Kent; junior, Miss A. B. Burns. *Hygiene and nursing*.—Miss K. Hughes. *Preparation of dietary trays*.—(1) Miss R.

McCormack, (2) Miss F. C. Brinkley. *Punctuality*.—Misses M. Dodsworth and F. Parsons.

City Hospital, Derby

The following prizes were presented at the City Hospital, Derby, on June 26 (see also page 713):—*Medals*.—Misses E. Austin and P. L. Tite. *Books*.—Misses M. McLevy and B. Goodman. *Prizes for tidy bedrooms*.—Misses J. Gee and E. A. Pite. *Matron's tennis cup*.—Miss S. Bate.

Woodlands Open Air Hospital, Royal Cripples' Hospital, Birmingham

The following prizes were presented at the Woodlands Open Air Hospital, Royal Cripples' Hospital, Birmingham, on June 26 (see also page 709):—*2nd year examination*.—(1) Miss Pope, (2) Miss James, (3) Miss Jones. *1st year examination*.—(1) Miss Horsfall, (2) Miss Eccles, (3) Miss Higgins.

London County Council Hospitals

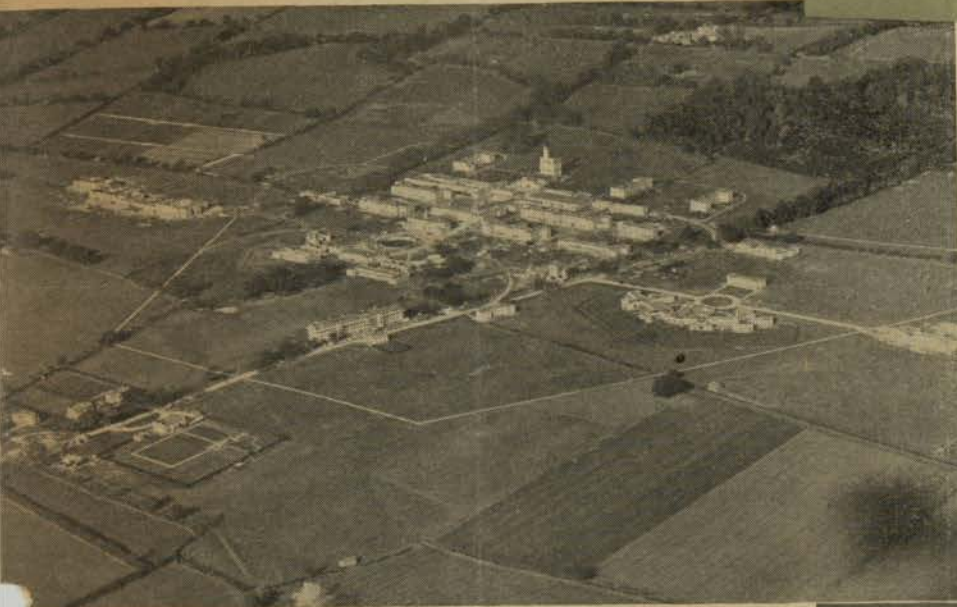
The following nurses were awarded medals at the prize-giving of the London County Council hospitals (see also page 708) on July 8.—*Gold medals*.—Misses S. Potter (St. Pancras Hosp.), K. Chowen (St. Mary Islington Hosp.), and M. Ward (Mile End Hosp.). *Silver medals*.—Misses E. L. Dewey (St. Stephen's Hosp.), C. M. Taylor (St. James' Hosp.), E. M. Hersey (St. Stephen's Hosp.), B. O. Young (Park Hosp.), E. Donovan (Park Hosp.), and E. C. Waddingham (Grove Park Hosp.).

"THE NURSING TIMES" COUPON

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*Distinction in whole course; †distinction in ethical principles; ‡distinction in public health.



A Mental Hospital in 1937

*Runwell Hospital,
Nr. Wickford, Essex*

Man is only a little bit reasonable, and to a great extent unintelligently moved in quite unreasonable ways.—*McDougall.*

Doctor: Not so sick, my lord,
As she is troubled with thick-coming fancies
That keep her from her rest.

Macbeth: Cure her of that.

IT is a strange fact that some nurses still think the care of the mind can be considered apart from the care of the body, and that to nurse the mentally ill is less worthy than to nurse the bodily sick. There are signs that this attitude is changing. Many nurse educators believe that no nurse's training can be called general without some experience in the nursing of the mind, and the modern mental hospital would like all the permanent members of its staff to be general trained nurses. Members of the public and many nurses imagine that the mental patient is usually unclean, obscene, noisy and to be shunned. So he often was a generation ago when misunderstanding and mishandling brought him to such a pass, and so he would become today with similar treatment.

The Flight from Reality

The mental patient is someone who has fled from the reality of everyday life and has lost the way back. He is akin to the child who is growing towards reality, and both children and the mentally deranged pass through disagreeable and unpleasant phases. It is, perhaps, because everybody gets lost occasionally on the dread and pleasant road of phantasy that there is such a universal and often secret fear of insanity. The whole purpose of mental healing is to show the patient the way back before he has gone too far in his flight from reality, and if he is lost beyond recall to make him happy in his own world.

This is the conception of the care of the insane which lies behind the planning of a modern mental hospital—of which Runwell is the latest and finest example. It has been built to accommodate over a thousand patients from the county boroughs of East Ham and Southend. Many of the patients are permanently deranged and can never recover, and these have been drafted to Runwell from many other institutions. But many new patients are admitted, and many who are believed to be curable. The hospital is linked up with out-patient clinics in Southend and East Ham, and it is hoped that by degrees more and more patients will come through the clinics on a voluntary basis. Unburdening of the mind to a



*Above: Runwell Hospital from the air, showing the farm, Boundary House and other outlying buildings.
Below: A ward for up-patients.*

sympathetic doctor is perhaps the greatest step forward that a patient, knowing his mental balance is imperilled, can take.

Careful classification of patients comes next. Runwell is designed first of all on the assumption that mental patients differ only in degree from the people outside, and secondly to classify the inhabitants so that each one can get the surroundings and treatment most likely to cure him.

Five Hundred Acres

The buildings are spread over 500 acres of ground. At the admission hospital all the circumstances of a patient's history and physical condition are investigated, and there are research laboratories and X-ray and ultra-violet ray departments. After investigation patients may go to the Harper Unit, which is the sick hospital, equipped with an operating theatre and all the up-to-date equipment of a modern hospital, where, if necessary, further physical investigation can take place. There is an open air ward for tubercular patients and another for infectious cases. Or they may be drafted to one of the villas for