

Dept. of Sociology,
Bedford College,
For Spring Term, 1984

Issues in Mental Health : (Wednesdays, 11.15 a.m. at Fraser Lodge.)

Recommended Vacation Reading, Christmas 1983

Below is a list of novels in which the writers discuss their own or others' personal experience of mental illness and institutions . You are asked to read one (or more) novels in order to start thinking about ~~issues~~ relating to mental health and the mental health services in preparation for next term's seminars and psychiatric nursing placement.

BAILEY, Paul (1967) At the Jerusalem, reprinted in King Penguin, 1982
An elderly woman's resistance to the obliteration of a 'home for old ladies.'

FRAME, (1961) Faces in the Water, reprinted by Women's Press, 1980
Other titles by Janet Frame: Living in the Maniototo; Scented Gardens
Gardens for the Blind

KESEY, Ken (1972) One flew over the Cuckoo's Nest, Picador

PLATH, Sylvia (1967), The Bell Jar, Faber Paperback

WHITE, Antonia, Beyond the Glass, reprinted by Virago, 1979
Other titles by Antonia White which are not directly about mental illness but provide a background to her 'descent into madness' described in 'Beyond the Glass.': Frost in May; The Lost Traveller; The Sugar House. The events described in the novels take place during the second decade of the twentieth century.

Looking forward to meeting you next term,

Pam Smith
Dec. 1983