

# University of London

Telegrams UNIVERSITY LONDON  
Telephone 01-636 8000

SENATE HOUSE  
MALET STREET  
LONDON  
WC1E 7HU

Extension 358

Our ref AR/SCI/JML/DF  
Your ref

9 March 1982

Dear Mrs Ferguson,

## NURSING STUDIES

I am writing to remind you of several points arising from the meeting on 19 February:

Nursing of the Adult Sick )  
Issues in Mental Health Care ) These courses have now been approved

### Psychology

As recorded in the Minutes, several queries have been raised concerning the content of this course. I realise that queries were also raised at the meeting on 16 October and that you had probably hoped that the revised proposals met the earlier points. It would however, seem to me that the recent suggestions that you should concentrate more on modern medical psychology at the expense of the historical approach, do not wholly run contrary to the earlier suggestion that you should not lay too much emphasis on analytical theories but should emphasise the critical approach. I will await a revised proposal before taking any further action. *Could you also please ensure all parts of the form are completed?*

### Overall Curriculum

I hope it will be possible to provide in time for circulation with the Agenda for the May meeting, a revised curriculum/programme for the whole four years of the course. As you may know, members agreed in October that it would be desirable to include information concerning the nature of and hours spent in clinical attachments which do not form part of the course units comprising the BSc course but are an essential part of the professional SRN requirements. It is therefore desirable that the curriculum document makes clear in any subject this professional element and the actual BSc course. In respect of the BSc course, might I ask that you use the exact description on the course proposal form (eg, "Issues in Mental Health Care" <sup>1/2</sup>cu rather than "Elements of Mental Health") and include the course unit value.

Yours sincerely,

Mrs J M Longden  
Faculty Officer  
Science and Engineering

Mrs M Ferguson  
Department of Sociology  
Bedford College

Enc

Course S260 Psychology

The course introduces students to psychological theories generally and in particular to how they might apply to everyday nursing experiences. Patients' behaviour will be explored and made comprehensible in relation to crises of illnesses and hospitalisation. Patients' and families' dynamics in relation to responses to crises will be examined. Comparative approaches in psychological literature will be compared and contrasted in considering traditions of management, measurements, psychological testing and psychodynamics.

The objectives of the course are to provide students with intellectual equipment that will enable them to locate their patients and to understand their observations of them and of themselves; to develop supporting mechanisms in relation to their patients' needs and particularly skills in identifying areas of stress and in the care of patients with mental handicap.

The subject-matter will be explored through a generational approach, by taking a developmental psychological view of the human life cycle, by focussing on students' practical work as they discuss their learning experiences which arise out of the clinical situation. Students' own responses will also be discussed and shown to depend on similar variables to those of their patients: the dynamics of the family, the meaning of illness and of belonging to particular social and cultural groups. Whilst the theoretical framework will use a developmental psychological approach, psychological theories will be discussed and their appropriateness for nursing considered.

(Where YES/NO is given as a response delete that which does not apply)

Section One - Title, Value and Status of Course

1. Name of School BEDFORD COLLEGE 2. Department SOCIOLOGY

3. Title of Course S260 ~~PSYCHOLOGY~~ HUMAN RELATIONS  
 (including College Course Number)

4. Official Course Number 073605260

5. Proposed Value in course units half

6. Is proposed Course to be 'Introductory'? Yes  No

7. If Course supersedes an approved Course give official Course number of Course superseded. 

--	--	--	--	--	--	--	--	--	--

8. Has superseded Course ever been taught? 

Yes	No
-----	----

 Examined? 

Yes	No
-----	----

9. Date from which Course proposed will operate. October 1982

10. Indicate if Course is designed for any particular year of study. 

x	2	x	x
---	---	---	---

Section Two - Scope of Course, Work Load, Examinations

11. General Scope of Course (Fuller details may be given on additional sheets)  
 The course introduces students to psychological theories as they apply to the everyday experiences of nursing. They will examine both the patient's and their own responses to stressful situations in relation to illness.

(Further details are given on the next page.)

Prerequisite Course (Give Title & official Course no.) 

--	--	--	--	--	--	--	--	--	--

(BSc in Faculty of Science only) Tick here if Course designed primarily for Intercalating Students

12. Work Load - Approximate number of Hours which the students spend in:  
 (a) Lectures  
 (b) Field, Laboratory or Studio work  
 (c) Seminars or tutorials  
 (d) Project work (Minimum no. of Hours)

50

13. Examining Methods (Compulsory element) Give number of

010

Indicate if compulsory element includes

Yes	<input checked="" type="checkbox"/>
-----	-------------------------------------

(Optional additional element)

Yes	No
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

(a) Written Papers  
 (b) Practical examinations  
 (c) Essays and/or Reports  
 (d) Written account of field work or laboratory experiments  
 (e) Assessment of practical drawing or Art or Craft material  
 (f) Multiple choice questions  
 (g) Oral examination(s)  
 (h) Assessment(s) of field/laboratory or studio work or other aspects of performance in Course

Section Three

14. If Course is subject to any form of shared teaching arrangement, give name(s) of other School(s) involved.

\_\_\_\_\_

15. Name of Parent Board of Studies responsible for approving Course.  
Special Advisory Committee in Nursing Studies



HUMAN RELATIONS

PROPOSALS FOR A SECOND-YEAR COURSE, S260 ~~PSYCHOLOGY~~, AT BEDFORD COLLEGE

Psychology (07/860/S260) - 4cu

Scope of Course:

The course introduces students to psychological theories generally and in particular to how they might apply to everyday nursing experiences. Patients' behaviour will be explored and made comprehensible in relation to crises of illnesses and hospitalisation. Patients' and families' dynamics in relation to responses to crises will be examined. Comparative approaches in psychological literature will be compared and contrasted in considering traditions of management, measurements, psychological testing and psychodynamics.

The objectives of the course are to provide students with intellectual equipment that will enable them to locate their patients and to understand their observations of them and of themselves; to develop supporting mechanisms in relation to their patients' needs and particularly skills in identifying areas of stress and in the care of patients with mental handicap.

The subject-matter will be explored through a generational approach, by taking a developmental psychological view of the human life cycle, by focussing on students' practical work as they discuss their learning experiences which arise out of the clinical situation. Students' own responses will also be discussed and shown to depend on similar variables to those of their patients: the dynamics of the family, the meaning of illness and of belonging to particular social and cultural groups. Whilst the theoretical framework will use a developmental psychological approach, psychological theories will be discussed and their appropriateness for nursing considered.

Work Load:

50 Seminars/tutorials.

Examining Method:

One written paper.